# "THE WEEKLY FORERUNNER" Our Parish Bulletin

O Holy John, Prophet, Forerunner, and Baptizer of the Lord, pray to God for us!

#### A WARM WELCOME TO OUR GUESTS!

Glory be to Jesus Christ! (responded with: Glory forever!) Slava Isusu Christu! (Slava na viki!) We are happy that you have joined us today! It is our pleasure to have you in our presence this morning. We wish God's Blessings to all who are with us today and hope you come again soon! Please see Fr. Dave if you have any questions in regards to our worship or Orthodoxy.

#### **UPCOMING SERVICES**

#### SUNDAY, FEBRUARY 2, 2025

vol. X

32<sup>nd</sup> Sunday after Pentecost; Tone 7 Zacchaeus Sunday Venerable Euthymios the Great take down remaining Christmas decorations

#### WEDNESDAY, FEBRUARY 5

Canceled due to weather 6:30 pm Akathist to St. Xenia 7:15 pm Exploring Orthodoxy 101

#### SUNDAY, FEBRUARY 9 - TRIODION BEGINS

Sunday of the Publican and the Pharisee
9:15 am Third Hour 9:30 am Divine Liturgy
Tone 8; Liturgical Color: Gold
Monthly Memorial (Panachida) for +Mary
Archondis (2024), +Diana Archondis (2003),
+Patricia Deluca (2023), +Jane Barrett (2/14/19),
+Anna (Gaydos) Buhonick (2/15/06), Most
Reverend Metropolitan Orestes P Chornock
(2/17/77), +Mary (Gaydos) Daniella (2/22/78),
+Elizabeth (Kailyar) Sichak (2/28/00)

#### A FAST FREE WEEK

#### WEDNESDAY, FEBRUARY 12

SYNAXIS OF THE THREE HIERARCHS: ST. BASIL THE GREAT, ST. GREGORY THE THEOLOGIAN, AND ST. JOHN CHRYSOSTOM.

#### FRIDAY, FEBRUARY 14

6:30 pm Feast Day Vespers and Blessing of Candles **SATURDAY, FEBRUARY 15** (40 days after Nativity) FEAST OF THE MEETING OF OUR LORD 9:30 am Festal Divine Liturgy Blessing of Candles

#### MONTHLY SCHEDULE

#### SUNDAY, FEBRUARY 2

Zacchaeus Sunday 9:15 am Third Hour 9:30 am Divine Liturgy take down remaining Christmas decorations

#### WEDNESDAY, FEBRUARY 5

6:30 pm Akathist to St. Xenia and holy anointing 7:15 pm Exploring Orthodoxy 101

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FEAST OF THE MEETING OF OUR LORD 9:30 am Festal Divine Liturgy Blessing of Candles

## SUNDAY, FEBRUARY 16

Sunday of the Prodigal Son 9:15 am Third Hour 9:30 Divine Liturgy Youth Sunday Blessing of Candles

#### SUNDAY, FEBRUARY 23

Sunday of the Last Judgment (Meatfare) 9:15 am Third Hour 9:30 pm Divine Liturgy Pre-Lenten Breakfast

#### ST. JOHN THE BAPTIST ORTHODOX CHURCH

Father Dave Urban, *Pastor* +++ 2201 Duncan Avenue, Allison Park, Pa 15101 www.OrthodoxPittsburgh.com +++ 412-748-0148 (*Talk or Text*) +++ OrthodoxPittsburgh1932@gmail.com

#### BULLETIN BOARD ANNOUNCEMENTS

\*\*\* Exploring Orthodoxy 101 – Our next study class will be this Wednesday, February 5, after the 6:30 pm Akathist to St. Xenia. The Akathist service is a little longer than a Moleben, but the class should still finish at about 8:00.

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\*\* Souper Bowl of Caring – On Sunday, February 9<sup>th</sup> we ask that you bring in unexpired cans of soup

for our February Community Outreach collection for Saint Cyril of White Lake Food Pantry at St Mary's Orthodox Church on the South Side.

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\*\*\* Blessing of Candles – As is customary, candles will be blessed following the Feast Day Vespers and Divine Liturgy on Friday and Saturday, February 14 and 15 as well as on February 16, the Sunday after the Feast of the Meeting of Our Lord, the 40<sup>th</sup> day after Nativity (Christmas) that remembers the presentation of the infant Jesus into the Temple. It is recorded in the Gospel of Luke (2:22-39) that on this day the elder Simeon recognized the infant Jesus as "a light for revelation to the Gentiles". Thus we highlight the use of candles, as they remind us that Christ is the true Light of the World. There will be candles available for a donation and all are encouraged to bring in candles from home to be blessed after these two Liturgies. Please place your candle(s) on the table near the icon of Christ. Let's light up the world with our blessed candles!

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Pre-Lenten Breakfast will be on S

\*\*\* Pre-Lenten Breakfast will be on Sunday, February 23. Please sign up in the hall so we have a rough idea of how many will stay for the fellowship.

\*\*\* Pittsburgh Penguins – Would you be interested in a parish family outing to a Pittsburgh Penguin hockey game? Please contact Fr Dave ASAP so we can start arranging this! Let's Go Pens!

# **Holy Water Reminders**

2025 Holy Water Available To Take Home - Plan to take our Theophany Holy Water home with you Bring in a container (or pick up a *Holy Water Bottl*, from our bookstore), fill it up, and <u>use it</u>. Drink Holy Water every morning (or at least when you are no feeling well). Throw a splash into your cooking. Also together with the sign of the Cross, you may bless on another with it prior to tests for our children in school big days at the office, before doctor appointments etc. Please cut out the devotional prayer this week (in the prayer corner section) and use it with your Holy Water.

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Do Not Hoard Old Holy Water - While Holy Water does not "go bad", it is best to refresh your water eacl year. Holy Water from the previous Theophany should be poured outside (preferably on the corner of your house or in a garden where people are not going to walk on it). The best scenario, though, is to use your Holy Water (see above for examples).

# Spiritual Vitamin:

"Drink holy water as often as possible. It is the best and most effective medicine. I'm saying that not just as a priest but also from my experience as a doctor."

+St. Luke the Physician of Crimea

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\*\* Congratulations and God's choicest blessings to our 2024 First Confession Class: Joshua Mainolfi Maria Urban, and Sophia Urban who were recognized last Sunday as they took part in another Myster (Sacrament) of the Orthodox Church, one that wil serve them well in their spiritual growth all the day of their lives. Many thanks to their parents and teachers in preparing them for this Mystery. May God Grant to our First Confession Class, Joshua Mainolfi Maria Urban, and Sophia Urban, Peace, Health, and a Long-Life for Many Happy and Blessed Years! Man Years!



\*\*\* All-Soul Saturday (Zadušna Subota) Liturgies with Panachidas for 2025 will begin on March 1 (rescheduled from 2/22). On

these days, we especially pray for the departed loved ones of our families. If you are not working on a Saturday, come to church, pray with us, and light two candles for your living and departed loved ones. Please inform Fr Dave if there are any additions to be made to your Commemoration Diptychs (Hramoty). Envelopes and cards are available in the vestibule. [\*\*\* This is different from the "Monthly Memorial" that we will be having on the 2<sup>nd</sup> Sunday of each month which is specific to each month.]

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\*\* Calling all scouts! For our youth in Scouting and to our Adult Leaders, please send Fr. Dave your Unit Number, location, current rank, and any office or position you hold in your organization As

Soon As You Can so we can set up our Scout Sunday +++ +++ +++

\* Greeting Cards – Please repurpose your greeting cards (and if you do not frame them, calendar icons) after the season concludes. The collection box is in the vestibule for the *Holy Transfiguration Monastery*. Thank you for giving back! By the way - this collection is taken year round.

#### OUR STEWARDSHIP CIETS TO COD

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Stewardship Offerings:	\$ 180		
Candle Stewardship:	\$ 102		
Envelope Stewardship:	\$ 590		
Community Outreach:	\$ 90		
<b>Total Collections:</b>	\$ 962		
Capital Improvement Fund:	\$ 121		
Participating Souls – Sunday Liturgy: 50			

Weekly Candle Intentions or Memorials were offered last week by the Nelson Family; Anonymously; Carol and Tom Lorenzi; Lawrence Martin: Tim Martin: Rich and Renee Mirilovich: Cindy Pavilonis

#### **COFFEE SOCIAL STEWARDS**

Please sign up by the kitchen or by contacting Fr. Dave				
February 9:	?			
February 16:	Sr. ACRY			
February 23:	Pre-Lenten Breakfast			

#### FEB. COMMUNITY OUTREACH MINISTRY

**Food Drive** – This month, through the efforts of our Sr. ACRY, we will be collecting unexpired food and donations in order to make a delivery to St. Cyril of White Lake Food Pantry (at Holy Assumption of St. Mary Orthodox Church, 105 S. 19th St., Pgh, PA 15203). Volunteers are needed on Thursdays from 5:15 to 6:45 to assist in the distribution of these goods. (If interested, please contact Fr Patrick first at 412-431-6428) Thank you in advance for your prayers and offerings this month! Here is a list of food items that they are looking for:

- ✓ Ready to eat canned fruit or vegetables
- ✓ Peanut Butter
- ✓ Jelly
- ✓ Canned Soups
- ✓ Canned Chili
- ✓ Macaroni & Cheese
- Spaghetti Sauce
- ✓ Pasta
- Noodle/Rice Mixes
- Small Package of Rice or Noodles
- ✓ Canned Stews
- Canned or Pouches of Tuna, Salmon or Chicken
- Boxed Meals ready to be prepared
- Baked Beans
- Canned and Boxed 100% Juice
- Crackers
- Tuna Helper Box
- Instant Cereal
- **Boxed Cereal**
- ✓ Canned Pastas (Chef Boyardee, Ravioli, etc.)
- ✓ Canned Meats

stmaryorthodoxchurch.net/stcyrilfoodpantry.html

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# TODAY'S SCRIPTURE READINGS

# **Epistle:** 1 Timothy 4:9-15

<sup>9</sup>The saying is sure and worthy of full acceptance. <sup>10</sup>For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all men, especially of those who believe. 11 Command and teach these things. 12 Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. <sup>13</sup> Till I come, attend to the public reading of scripture, to preaching, to teaching. <sup>14</sup> Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. 15 Practice these duties, devote yourself to them, so that all may see your progress

# +++ +++ +++ *Gospel:* Luke 19:1-10

He entered Jericho and was passing through. <sup>2</sup> And there was a man named Zacchae'us; he was a chief tax collector, and rich. <sup>3</sup> And he sought to see who Jesus was, but could not, on account of the crowd, because he was small of stature. 4So he ran on ahead and climbed up into a sycamore tree to see him, for he was to pass that way. <sup>5</sup> And when Jesus came to the place, he looked up and said to him, "Zacchae'us, make haste and come down; for I must stay at your house today." 6 So he made haste and came down, and received him joyfully. <sup>7</sup> And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." 8 And Zacchae'us stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded any one of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham. <sup>10</sup> For the Son of man came to seek and to save the lost."

#### PRAYER CORNER

For the Health of... Sophia, Valerie, Jon, Joseph, Felix, Bella, Reed, Maria O., Cheryl, Christina, Carol, Daniel, Elizabeth, Robert, Matthew, David, Suzanne, William, Boyd, Millicent, Barbara, Paul, Robert, Kelly, Juliana, Fredrick, Kenneth, and Michael ...through the prayers of St. Nectarios the Wonderworker: St. Luke. the Surgeon: and St. Panteleimon, the Healer +++ +++ +++

# February Namedays:

Timothy Martin, Reader - Apostle Timothy of the 70 (2/4) Dolores Bowser - Virgin-martyr Dorothea (2/19) Father's Godson, Zachariah Kalaluhi – Prophet Zachariah (2/21)

...May God grant them many and blessed years! +++ +++ +++

## February Birthdays:

Fr. Marc Wisnosky (2/1), Chris Bowser (2/6), Fr. Edward Pehanich (2/4), Paňi's mother, Alexandrina Liana Popescu (2/6), Charles Kretchek (2/8), Richard Gedid (2/9), Harmonie Torchia (2/11), Paňi Kathy Buczak (2/11), Fr. James Gleason (2/12), Matthew Peifer (2/13), Samantha Ditmore (2/14), James Hanchulak (2/17), Barbara Leone (2/19), Carly Jozwiskowski (2/21), Barbara Kirish (2/22), Father's nephew, Brian Verbanick, Jr (2/22), Fr Stephen Krivonak (2/23), Fr William Bennett (2/28), His-All Holiness Patriarch Bartholomew I (2/29/40) ...May God allow them to grow in peace and love all the days of their lives and may He grant them many and blessed years! + + +

## February Anniversaries:

Cynthia & Jeffrey Morrison (2/5) Joanne & Ron Nelson (2/10) Derek and Ashley (Wertz) Andrekovich (2/18) Carly & Kyle Jozwiskowski (2/29) ...through the prayers of St. Nicholas Planas

## For the souls of the newly departed...

+Miroslaw Tschaikowsky, +Julian Naumenko, +George Lavra (1/11), +Warren Hern, +Michael Miklos, the Priest (1/3) ... May the Lord God grant them blessed repose where there is no pain sorrow or mourning. May they be Eternal in God's Memory!

# A PRAYER BEFORE CONSUMING ANTIDORON AND/OR HOLY WATER

O Lord my God, may Your holy gift and Your holy water be for the remission of my sins, for the enlightenment of my mind, for the increase of my spiritual and bodily strengths, for the health of my soul and body, for the overcoming of my passions and infirmities, through Your boundless mercy, through the prayers of Your Most-holy Mother, and of all Your Saints, Amen.

#### **ONLINE BONUSES**

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#### LIVES OF THE SAINTS

# THE MONK EUTHYMIOS THE GREAT Commemorated on January 20

The Monk Euthymios the Great came from the city of Meletina in Armenia, near the River Euphrates. His parents, Paul and Dionysia, were illustrious people and pious christians. For a long time they did not have children, and finally through fervent prayer a son was born to them, whose appearance into the light of day was preceded by a Divine apparition foretelling a great future for the child.

The father of the Monk Euthymios soon died, and his mother – fulfilling a vow to dedicate her son to God – gave him over for educating to her brother, the Monk Eudoxios. He presented the lad to the bishop of the Meletina Church, Otreos, who with love took upon himself caring for him. Seeing his good conduct, the bishop soon made him a reader. Saint Euthymios later accepted monasticism and was ordained to the dignity of presbyter. At the same time, he was entrusted with the stewardship of all the city monasteries. The Monk Euthymios often visited the monastery of saint Polieuktos, and during the days of Great Lent he withdrew into the wilderness. The position of steward of the monasteries weighed heavily upon the ascetic seeking quietude, and in his 30th year of life he secretly left the city and headed to Jerusalem where, having prostrated himself before the holy places, he withdrew into the Tharan Lavra. Having found outside the monastery a solitary empty abode, he settled into it, securing his subsistence by weaving baskets. Nearby, the Monk Theoktistos pursued asceticism. They had both one striving for God, one will, one purpose. Usually after the feast of Theophany, they withdrew into the Kutilleia wilderness (not far from Jericho). One day though they left there, having chosen a place in the mountains difficult of access, and settled into a cave. The Lord however soon revealed their solitary place for the benefit of many people: shepherds driving their flocks came upon the cave and told about it in the village.

People seeking spiritual benefit began to throng to the hermits. Gradually a monastic community grew up – several monks came from the Tharan monastery, among them Marin and Luke. The Monk Euthymios entrusted the running of the growing monastery to his friend Theoktistos, and himself became a spiritual brother. He exhorted the brethren: "Know, that one desiring to lead a monastic life ought not to have his own will, he is always to be found in obedience and humility and to be mindful of the thought of death, to fear the Judgement and the eternal fire and to desire the Heavenly Kingdom".



The monk commanded young monastics to tackle bodily labour with an inner thought of God. "If laymen, – he said, – work much, in order to feed themselves and their families, and besides this, they give alms and offer sacrifice to God, then all the moreso ought we as monks to work, so as to avoid idleness and not be nourished by the work of strangers". The abba demanded, that the monks keep silence in church during Divine-services and at meals. He did not allow young monks, wishing to fast more than others of the brethren, to follow their own will, but urged them to partake of all the food at meals with temperance, not having over-eaten.

In these years the Monk Euthymios converted and baptised many Arabs, among whom was the military-head Aspevet and his son Terevon, whom the Monk Euthymios healed from sickness. Aspevet received the name Peter in Baptism and afterwards he was a bishop amongst the Arabs.

The fame of the miracles accomplished by the Monk Euthymios spread quickly. People began to throng from everywhere; brought with sickness, they received healing. Unable to bear human fame and glory, the monk secretly left the monastery, – taking with him only his closest student Dometian. He

withdrew into the Ruv wilderness and settled on the high mountain of Mardes, around about the Dead Sea. In the quests for solitude the monk explored the Zeph wilderness and settled in the cave, where formerly holy king David hid from the pursuit of king Saul. The Monk Euthymios founded there a monastery, and at the cave of David he established a church. During this time the Monk Euthymios converted many monks in the wilderness from the Manichaean heresy, he worked miracles, healed the sick and cast out devils.

Visitors to the saint disturbed the tranquillity of the wilderness; loving silence, he decided to return to the monastery of Saint Theoktistos that he had forsaken. Along the way the monk took a fancy to a solitary place on a mountain and he remained on it. There afterwards his holy body was buried.

Blessed Theoktistos went out with his brethren to the Monk Euthymios and requested him to return to the monastery, but the monk did not comply. However, he promised to come to the monastery on Sundays for community Divine-services.

The Monk Euthymios did not wish to have anyone nearby, nor to organise a general monastery or lavra, but in a vision the Lord commanded him not to drive away those who were come to him for the salvation of their souls. After some time brethren again gathered around him, and he organised a Lavra, on the pattern of the Tharan Lavra. In the year 429, when the monk Euthymios was 52 years old, the Jerusalem Patriarch Juvenalios consecrated the lavra church and supplied it with presbyters and deacons.

The lavra was at first poor, but the monk steadfastly trusted on God to send down all the necessities for people. Once there came to the lavra about 400 male pilgrims – Armenians from Jerusalem who were starving. Viewing this, the Monk Euthymios summoned the steward and ordered him to feed the wanderers. The steward answered that there was no such quantity of food in the monastery. The monk, however, persisted. Going to the room where the bread was kept, the steward found there a large quantity of bread. With this came forth wine and oil. The wanderers ate to the glory of God: they ate their fill and after this there remained a three-month supply of food for the brethren. Thus the Lord wrought a miracle through the faith of Saint Euthymios.

Once one of the monastics refused to carry out an obedience assigned to him. Despite the fact that the monk having summoned him urged him to comply, the monastic remained obstinate. The monk then shouted loudly: "Thou wilt see what the reward for disobedience is". The monastic fell to the ground in a fit of raving. The brethren began to make entreaty to the abba for him, and then the Monk Euthymios healed the insubordinate one who, having come to himself, asked forgiveness and promised to improve himself. "Obedience, – said Saint Euthymios, – is a great virtue. The Lord loves obedience more than sacrifice, but disobedience leads to death".

Two of the brethren in the monastery of Saint Euthymios became overwhelmed by the austere form of life and they resolved to flee. Foreseeing in spirit their intent, the monk summoned them and for a long time he urged them to give up their destructive intention. He said: "Heed not that state of mind, of having sorrow and hatred for the place in which we live, and being prompted to go off to another place. Let a monk not imagine that, having gone to another place he arrives at something better, since good deeds are realised not by a place, but by a firm will and by faith. Whence the tree, which often they transplant to another place, does not bear fruit".

In the year 431 was convened in Ephesus the Third OEcumenical Council, directed against the Nestorian heresy. The Monk Euthymios rejoiced over the affirmation of Orthodoxy but was grieved about the archbishop of Antioch John who, being orthodox, defended Nestorios.

In the year 451 was convened at Chalcedon the Fourth OEcumenical Council against the heresy of Dioskoros who, in contrast to Nestorios, asserted that in the Lord Jesus Christ there is only one nature – the Divine, having in the Incarnation swallowed up the human nature (thus the heresy was called Monophysite).

The Monk Euthymios accepted the confession of the Chalcedon and he acknowledged it as Orthodox. News about this spread quickly among the monks and hermits and many of them, having previously believed wrongly, through the example of Saint Euthymios accepted the confession of the Chalcedon Council.

For his ascetic life and firm confession of the Orthodox faith Saint Euthymios received the title "the Great". Having become wearied by intercourse with the world, the holy abba settled for a time into an inner wilderness. After his return to the lavra some of the brethren saw that, when he celebrated the Divine Liturgy, fire descended from Heaven and encircled the saint. The monk himself revealed to several of the monastics, that often he saw an Angel celebrating the Holy Liturgy together with him. The monk had a gift of perspicacity – he saw the innder workings of the spirit and he discerned human inclinations. When monastics received the Holy Mysteries, it was revealed to the monk – who approached worthily, and who unto condemnation of self.

When the Monk Euthymios was 82 years old, there came to him blessed Sava (the future Sava the Sanctified, Comm. 5 December), who was then still a youth. The elder received him with love and sent him off to the monastery of the Monk Theoktistos. He foretold, that the Monk Sava would shine in the monastic life.

When the saint had become 90 years of age, his companion and fellow Monk Theoktistos became grievously ill. The Monk Euthymios came to visit his friend and remained at the monastery; he took his leave of him and was present at the end. Having consigned the body to the grave, he returned to the lavra.

The time of his death was revealed to the Monk Euthymios through a particular mercy of God. On the day of memory of the Monk Anthony the Great, 17 January, the Monk Euthymios gave blessing to make the all-night vigil and, summoning the presbyters to the Altar, he told them that he would no more celebrate with them another vigil, because the Lord was summoning him from earthly life. All were filled with great sadness, but the monk commanded the brethren to gather together with him in the morning. He began to instruct the brethren: "If ye love me, observe my precepts, acquire love, which is an uniting of perfection. No virtuousness is possible without love and humility. The Lord Himself on account of His Love for us humbled Himself and became Man. as are we. We need therefore unceasingly to offer up praise to Him, particularly we, who have renounced

the passions of the world. Never leave from church services, observe tradition and monastic rules carefully. If anyone of the brethren struggleth with unclean thoughts, – unceasingly guide and instruct him, so that the devil does not carry off the brother into the pit".

"I add likewise another command: let the gates of the monastery never be bolted to wanderers and everything that you have, offer to the needy, for the poor in their misfortune do what you can to help". Afterwards, having given instruction for the guidance of the brethren, the monk promised to remain in spirit with all who desired to bear asceticism in his monastery until the end of the ages.

Having dismissed all, the Monk Euthymios kept about him only his one disciple Dometian and, remaining with him inside the Altar for three days, he died on 20 January in the year 473 at the age of 97 vears.

At the burial of the holy abba there immediately thronged a multitude of monks from the monasteries and from the wilderness, among whom was Saint Gerasimos. The Patriarch Anastasios came also with clergy, the Nitreian monks Martyrios and Elias, who later became Jerusalem Patriarchs – about which the Monk Euthymios had foretold them.

Blessed Dometian did not leave the grave of his preceptor for 6 days. On the 7th day, he saw the holy abba, joyously having returned with love for his student: "I am come, my child, in preparation for thee in peace, wherefore I prayed the Lord Jesus Christ, that thou be with me". Having told the brethren about the vision, Saint Dometian went to church and in joy offered his spirit to God. He was buried alongside Saint Euthymios. The relics of the Monk Euthymios were situated at his monastery in Palestine: the Russian pilgrim hegumen Daniel saw them in the XII Century.



#### LIVING THE ORTHODOX FAITH

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#### VISIT OUR DIOCESE ON-LINE

Diocesan Website: www.acrod.org Camp Nazareth: www.campnazareth.org FB: www.facebook.com/acroddiocese Twitter: twitter.com/acrodnews YouTube: youtube.com/acroddiocese

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# ADDITIONAL BULLETIN BOARD ANNOUNCEMENTS

(Please have submissions to Fr. Dave by Wednesday) +++ +++ +++

\*\* A Carpatho-Rusyn Christmas – The new book, Carpatho-Rusyn Christmas, is a publication of the Diocesan Carpatho-Rusyn Heritage Working Group. It contains Rusyn and American Christmas Carols (Koljady) in English and Rusyn plus the text for the Holy Night Supper (Svjatyj Večer) prayer service (Velija). We now have it in our parish bookstore and a \$10 donation per book is requested.

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# \*\*\* Important Upcoming Liturgical Dates:

The Great Fast Begins: Monday, March 3 Palm Sunday / Holy Week: Sunday, April 13 Pascha: Sunday, April 20 +++ +++ +++

\*\* Annual Church Picnic - "The Cabin" in North Park is booked for SUNDAY, SEPTEMBER 7, 2025 for our end of summer picnic. Please Save The Date!

Mystery of Confession – Father is available to hear Confessions after every service *or* by appointment. +++ +++ +++

**Live-Broadcast** – If you are unable to attend church services, please pray along with our Cathedral online: www.acrod.org/directories/cathedral//live/ +++ +++ +++

Calendar - Future Services are updated online at:

www.orthodoxpittsburgh.com/parish-calendar (Please see Fr. Dave if you want a printed copy)

# "Code" for reading the bulletin:

\*\*\* = new news \*\* =  $2^{nd}$  time in the bulletin \* = at least the  $3^{rd}$  time in the bulletin +++ +++ +++

Speaking With Your Priest - Please know you can call me anytime if there is something troubling you. I is not a sign of weakness to share something that may be heavy on your heart or mind. As a priest and Father to our parish, I am here for you. Please call i you need someone to listen or to pray with you. Ever heart has a cross and you do not need to carry it alone Please also call if you have an idea for the growth o our parish. I am praying for you and am grateful fo your prayers. With love in Christ, Fr. Dave

\* Random Tidbits... Father Dave is available to meet Monday thru Friday from 8:30am to 2:30pm OI by appointment... Online Community: Please emai Fr. Dave to receive the weekly bulletin via email.. Parish Phone Tree: Please call Fr. Dave to be added... Emergency Sick Calls: Please notify F Dave when you or a family member are going into the hospital or having a procedure. He will pray with you and you will receive the Mystery (Sacrament) of Holy Anointing (Unction) to be fully prepared.

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#### STEWARDSHIP SNIPPET



#### TIME, TALENT, AND TREASURES

\*\*\* STEWARD, translated from the Greek word oikonomos, means a caretaker, a faithful manager o all of God's gifts. As Stewards, each of us are called upon to respond to God's gifts through offering ou gifts of time, talent and treasure. This is our form o supporting our parish and it leaves us with the question, "How will I respond to God's gifts thi vear?" Our gifts represent who we are and how we care about God and His Church. How can we live with the framework of being a caretaker of the blessings God gives us?

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# PARISH STEWARDSHIP OPPORTUNITIES:

Joining the ACRY – If you would like to become a part of our philanthropic organization of the ACRY (American Carpatho-Russian Youth), which is open to all ages, please contact Subdeacon Ryan Ferko at 484-744-2771 or rferko85@yahoo.com.

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#### Why Should I Join the Local ACRY?

The ACRY is an Orthodox Christian family fellowship dedicated to the purpose of encouraging spiritual growth through charitable and apostolic missionary works, prayer and fellowship for the Glory of God and the building up of the Church and our Diocese. The local ACRY focuses on outreach to the community in various forms and fellowship within. This could be a fundraiser or family event at the church grounds to introduce people to our parish, or the volunteering of our time to help support a community event. In addition to these, the ACRY has the opportunity to branch out and meet other members of our diocesan ACRY community through deanery and nation events and partake in outreach at a broader level.

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#### 2024-25 SJB PARISH COUNCIL OFFICERS

President: Lawrence Martin
Vice-President: Elizabeth Radomsky
Treasurer: Timothy Martin, Reader
Financial Secretary: Rich Mirilovich
Recording Secretary: Gina Fall
Chief Auditor: Robert Fall
Auditors: Subdeacon Ryan Ferko,
John Kirish, Kimberly Opsitos,
Matthew Opsitos, and Kathy Schrmack

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Giving at the Church – The "flow of traffic" is a little different in Allison Park, but the ways to give your stewardship treasures has not changed. One can:

- hand your offering to the curator who sits at the desk in the vestibule (to the right after you enter),
- there are multiple baskets around the church for you to drop your offering in, or

when saying your prayers and lighting 2 candles, put your donation in the box in the candle stand. We will continue to not "pass the basket" which interrupts our focus on our prayers.

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On-Line Giving is available from our parish website to donate to the: General Stewardship Fund, Capital Improvement Fund, and/or Relocation Fund. The best option is to come to church and give your offering to God in His Temple (2<sup>nd</sup> best is to mail it in to Tim Martin, 2225 McAleer Rd., Sewickley, PA 15143). If you miss coming to church for a week, online giving allows you another option to "catch up" on your weekly stewardship. You can also set up a recurring donation online. For our parish to continue it's ministries, outreach, and general bill paying, your generosity and stewardship is needed.

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Bulletin Sponsor - If you wish to sponsor a bulletin *In Honor of* (nameday, birthday, anniversary, etc.) or *In Memory of* someone, please sign up on the sheet in the vestibule or by contacting Fr. Dave (email, text, or call). An additional stewardship offering to the Church is requested. *Remember, sponsoring a bulletin in memory of someone does not replace having a Panachida (Memorial Service) for them.* 

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## CHURCH BUILDING UPDATE

Here is a brief update from the past few weeks:

\* The building committee and Parish Council continue to discuss our plan of action going forward with work in the church proper. Please be patient with us! Also, remember that for a project like the one that we are undertaking, work goes top down so the ceiling and walls will be done before the floor. As mentioned, please be patient with us!

+++ Glory to God for All Things!

Through your generosity and dedication, all of this is coming together – one thing at a time!

Thank you! Many stewards keep coming to the church and working very hard to make improvements. May God grant you many years!

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#### Stewardship of Treasure Guide

 Weekly offering to God through the Sunday Offertory - Will you take a step up?

 Weekly Beyond a Tithe | Tithe | Upper Range Giving | Middle Range Giving | Lower Range | Lower Range Giving | Lower Range | Lower Ra

Find where YOU are on the chart (your weekly income/giving).
 Move one block to the left to determine what GROW ONE% would be.

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#### A Prayer of Stewardship

\$2,000 \$300 \$240 \$200 \$180 \$160 \$140 \$120 \$100 \$80 \$60 \$40 \$20 \$3,000 \$450 \$360 \$300 \$270 \$240 \$210 \$180 \$150 \$120 \$90 \$60 \$30

Lord Jesus Christ, You are the good steward, who redeemed Adam and Eve of their failed stewardship by offering Yourself for the life of the world. You did teach us in the feeding of the multitudes that whatever we give to God is returned to us multiplied. You did praise those good and faithful servants in the parable of the talents who returned to the Master their gifts. So help us to learn the joy of stewardship, remembering that everything we have comes from You and belongs to You. We know, Lord, that we often live in fear of the future and insecurity. Help us to remember the lilies of the field and so to trust in Your providence. Grant to us a cheerful and generous spirit. Enkindle in the hearts of all Your people a zealous love for You. For You are the Good Steward, and to You we give thanks, praise and glory, together with Your Father and Your all holy good and life-giving Spirit now and ever and onto the ages of ages. Amen.

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# FEAST DAY FEATURES OF THE MONTH

KONDAK HYMNS OF THE FEASTS:

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Coming Soon...

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#### SPIRITUAL CONSIDERATIONS

Father is available to meet Monday thru Friday from 8:30am to 3:30pm OR by appointment.

**Online Community**: Please email Fr. Dave to receive the weekly bulletin via email.

**Parish Phone Tree** - Please call Fr. Dave to be added **Emergency Sick Calls** - Please notify Fr Dave when you or a family member are going into the hospital o having a procedure. He will pray with you and you will receive the Mystery of Holy Anointing (Unction to be fully prepared.

Mystery of Confession – Opportunities are available after every service, most Saturdays during fasting periods from 11am to 1pm, OR by appointment.

Holy Communion/Eucharist – The reception of the Holy Eucharist is encouraged for all Orthodo: Christians who have properly prepared themselves with fasting from midnight on, regular Confession and forgiveness for all people. Those who are no prepared or not of the Orthodox Faith may receive α blessing from the chalice.

How to receive - Please remember the following helpful hints aimed at helping to preserve the solemnity and safety of the Holy Mystery. Anyon wearing lipstick should remove it before receiving. Besure to offer your baptismal name to the priest before receiving. Please take great care that the red cloth held by the acolytes (servers) is fully under your chin (you should not hold it), then use the centuries-old practice of receiving: please fully open your mouth tilt your head back, receive the Holy Gifts, wait until They are securely in your mouth and so that none of the holy and precious Body and Blood of Christ is accidentally spilled. Thank you for your cooperation and may God have mercy on us all!

Lapsed Members – You are always welcome home and we want you to come back! Generally speaking sincere and regular participation in the Sunday Divin Liturgy and in the Mysteries of Confession and Communion are all that is required to begin parish life anew! See Fr. Dave for specific details.

**Parishioners in "good standing"** are those Orthodo: Christians who, as members of Saint John's Orthodo: Church, strive to live according to the teachings of the Orthodox Church; participate in the life of the parisl

through regular attendance of services, regular reception of Holy Communion and periodic Holy Confession (and receive these Mysteries no less than once a year); if married, having been married in the Orthodox Church; and share their stewardship of their time, talents, and treasures which includes financially supporting the parish.

Baptisms - Two God-parents are required, at least one of whom must be Orthodox by faith (and the other a practicing Christian). In the case of infants, the newly-baptized must have one name that is Christian in origin. Parents/grandparents/guardians must also promise to bring the child up in an Orthodox Christian way of life. Please consult Fr. Dave for more details.

Adult Chrismation – New parishioners are always welcome! In the case of adults seeking entrance into the Church, a period of prescribed catechism will be established with Fr. Dave before administration of the Mysteries. An Orthodox Christian sponsor is also required.

Marriages - are only solemnized on Saturdays or Sundays in the church. They are not performed during fasting periods and certain Feast Days. Please consult Fr. Dave ASAP for more details (before arrangements are made for the hall). It is critical that marriages are blessed in the church.

Church Funerals - are provided for practicing Orthodox Christians who are current in their spiritual responsibilities and their stewardship. Otherwise, burial is from the funeral home. The Church does not permit cremation.

"The cremation of bodies is not a Christian act. It is a custom of modern times. The body of a Christian has been sanctified with the Grace of the Holy Spirit, and as such may not be burned. God did not create our bodies for burning." - Elder Thaddeus of Vitovnica

# +++ +++ +++ The Jesus Prayer

(Inhale) O Lord, Jesus Christ, Son of God, (Exhale) have mercy on me, a sinner!

(Repeat until your heart is calm...)

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#### ONLINE PRAYER CORNER

**Special Intentions** – Did you ever wonder for what reasons would a person's name go under "For the Special Intentions of..." on our Prayer Page? A special intention request is very diversified! It could be when one is under extreme job stress, struggling with spiritual issues, infertility, dealing with the loss of a loved one... the list goes on. As with the other lists on our page, one does not have to be Orthodox to he added.

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**Prayer requests** – During the Great Entrance of the Divine Liturgy, prayers are said for the sick and those celebrating special occasions listed in the bulletin. If silent prayers are requested, they will be offered quietly at the Altar at all services. All those listed in the "Prayer Corner" are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion). Prayer requests will remain for (about) 40 days unless requested otherwise. Please let Fr. Dave know if you wish to make additions or subtractions (in the case of answered prayers) to our prayer list.

## +++ +++ +++ Our Parish Prayer List for Special Intentions \* +++ +++ +++

A Prayer For The Sick: O Christ, You alone are prompt to defend us; quickly visit Your suffering servant(s) name(s). Through the prayers of the Theotokos, deliver him/her/them from sickness and bitter pain. Heal him/her/them so that he/she/they may sing to You and always praise You for You alone love us. Amen.

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For the Special Intentions of ... His All Holiness Patriarch Bartholomew, Metropolitan Gregory, Fr. Stephen B., Fr. Thomas B., Protodeacon Gregory B., Stephanie B, Kevin, Michael L., Laura & family, Carlene, Georgia, Stephen, David, Anastasia, Nicholas, Cassandra, Alexander, Andrea, Jason, Tyrone, Sarah, Amee, Joshua, John, Kathryn, Rose, Charles, Justin, David, Donna, George, our diocesan seminarians: Den Peter S, Nicolas W., Seamus M., Samuel L., Nicholas L., Alexander H., and our Parish Council and Curators: Lawrence, Subdeacon Ryan, Timothy, Rich, Elizabeth, Robert, Gina, John, Mary

Jane. Katherine. Kenneth and for those who labor towards our Community Outreaches ...through the prayers of St. Nicholas the Wonderworker; St. John the Baptist; the Archangels Michael & Gabriel; and the Theotokos and Ever-Virgin Mary.

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\*\*\* Nameday, Birthday, and Anniversary Prayer List is being reset - Our parish prayer list of key dates and special occasions in our lives will be reset going forward (starting 3/1/24). If one of your special days is missing - please let Fr Dave know ASAP. See Fr. Dave with any questions.

# +++ +++ +++ February Namedays:

Timothy Martin, Reader – Apostle Timothy of the 70 (2/4)

Dolores Bowser - Virgin-martyr Dorothea (2/19) Father's Godson, Zachariah Kalaluhi – Prophet Zachariah (2/21)

...May God grant them many and blessed years! +++ +++ +++

# February Birthdays:

Fr. Marc Wisnosky (2/1), Chris Bowser (2/6), Fr. Edward Pehanich (2/4), Paňi's mother, Alexandrina Liana Popescu (2/6), Charles Kretchek (2/8), Richard Gedid (2/9), Harmonie Torchia (2/11), Paňi Kathy Buczak (2/11), Fr. James Gleason (2/12), Matthew Peifer (2/13), Samantha Ditmore (2/14), James Hanchulak (2/17), Barbara Leone (2/19), Carly Jozwiskowski (2/21), Barbara Kirish (2/22), Father's nephew, Brian Verbanick, Jr (2/22), Fr Stephen Krivonak (2/23), Fr William Bennett (2/28), His-All Holiness Patriarch Bartholomew I (2/29/40) ...May God allow them to grow in peace and love all the days of their lives and may He grant them many and blessed vears! +++ +++ +++

# For our Catechumens & Inquirers...

Raymond, Kathryn, Maxwell, Barbara, Tyler ...through the prayers of St. Paul the Apostle, St. Mary Magadalene, & St. John Maximovitch. +++ +++ +++

For those preparing for Marriage... Nicholas &

Cassie, Allison & Michael ...through the prayers of Sts. Adrian & Natalia and all Holy Martyrs.

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#### February Anniversaries:

Cynthia & Jeffrey Morrison (2/5) Joanne & Ron Nelson (2/10) Derek and Ashley (Wertz) Andrekovich (2/18) Carly & Kyle Jozwiskowski (2/29) ...through the prayers of St. Nicholas Planas +++ +++ +++

#### For Pregnant Mothers...

Mallory (due in March), Lindsay (April) ...through the prayers of St. Anna, the mother of the Theotokos, and St. Irene Chrysovalantou. +++ +++ +++

For those serving in the Armed Forces & Civil Authorities... Thomas R. Dzadovsky ...through the prayers of St George, the Great-Martyr & Wonderworker. +++ +++ +++

\* This is to be used for the special intentions of our brothers and sisters in Christ and can be inserted as a prayer itself into our daily prayers. Please let Fr. Dave know if you wish to make additions or subtractions (in a case of answered prayers) to our Parish List. The word of the Gospel are true: it is good to pray for one anothe Let this be a place where we lay out our concerns and b the help of our brothers & sisters in Christ. *This praye* list is NOT limited to only Orthodox Christians.

# A Prayer for Peace

Almighty God and Creator, You are the Father of all people on the earth. Guide, I pray, all the nations and their leaders in the ways of justice and peace. Protect us from the evils of injustice, prejudice, exploitation, conflict and war. Help us to put away mistrust, bitterness and hatred. Teach us to cease the storing and using of implements of war. Lead us to find peace, respect and freedom. Unite us in the making and sharing of tools of peace against ignorance, poverty, disease and oppression. Grant that we may grow in harmony and friendship as brothers and sisters created in Your image, to Your honor and praise. Amen.

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# A prayer for our Neighborhoods

by Archbishop Demetrios of America
I pray to you, God, for the families of my
neighborhood. Visit them. Throw their troubles out
of them and bring hope. Make the daily cares that
devour the heart disappear. Present solutions to
life's problems. Settle the disturbed relationships
among members of different families whom I know
or do not know. O Lord, remind the people of our
area that You exist, that You are a strong and loving
Protector. Keep away, Lord, anything that causes
the disappearance of peace from souls, and the
escape of sleep from our eyes. Stay a little while
more tonight in our neighborhood. Spread peace
along with the night. Let the harshness of the day
and its struggles not spread over the night. Amen.

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# A Prayer for our Diocesan Clergy

O Lord Jesus Christ, Good Shepherd of Your sheep, light the fire of ardent love in the hearts of all Your priests, that they may ever and in all things seek only Your glory. Remember especially, Lord, our Bishop (name), and our spiritual father (name), and all our diocesan clergy, who are laboring in Your vineyard for the salvation of all those whom You have entrusted to them. Make their lives as holy as the word they preach. Keep them from being discouraged. Hear their prayers for our salvation. Give them wisdom and courage to proclaim Your truth. Make them priests after Your own heart. For You are a merciful God Who loves us and to You we give glory, together with Your eternal Father and Your all-holy, good and life-giving- Spirit, now and ever and forever. Amen.

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