"THE WEEKLY FORERUNNER" Our Parish Weekly Bulletin

O Holy John, Prophet, Forerunner, and Baptizer of the Lord, pray to God for us!

A WARM WELCOME TO OUR GUESTS!

Glory be to Jesus Christ! (responded with: Glory forever!) Slava Isusu Christu! (Slava na viki!) We are happy that you have joined us today! It is our pleasure to have you in our presence this morning. We wish God's Blessings to all who are with us today and hope you come again soon! Please see Fr. Dave if you have any questions in regards to our worship or Orthodoxy.

UPCOMING SERVICES

There is no kneeling in prayer for 50 days (until Pentecost) and omit the prayer "O Heavenly King" as we anticipate the Holy Spirit + + +

SUNDAY, JUNE 16, 2024 - FATHER'S DAY

7th Sunday of Pascha Fathers of the 1st Ecumenical Council Youth Sunday

Panachida – Monthly Memorial (rescheduled)

SUNDAY, JUNE 23, 2024

FEAST OF PENTECOST, TRINITY SUNDAY, THE DESCENT OF THE HOLY SPIRIT: "RUSALJA"

9:15 am Third Hour

9:30 am Divine Liturgy with Fr. Robert Prepelka Epistle: Acts 2:1-11; Gospel: John 7:37-52; 8:12 Liturgical Color: **GREEN**

Kneeling Prayers of Pentecost following Liturgy

A FAST FREE WEEK +++ +++ +++

*Live-Broadcast – If you are unable to attend church services, please pray along with our Cathedral online: www.acrod.org/directories/cathedral//live/ +++ +++ +++

*Mystery of Confession – Father is available to hear Confessions after every service or by appointment. +++ +++ +++

*Calendar - Future Services are updated online at: www.orthodoxpittsburgh.com/parish-calendar

BULLETIN BOARD ANNOUNCEMENTS

(Please have submissions to Fr. Dave by Wednesday) +++ +++ +++

*** Holy Transfiguration Monastery in Ellwood City is our Community Outreach this month. Along with a monetary donation that we will collect throughout the month, they can use items listed in the online bulletin. The deadline to bring items in is Sunday, July 7. +++ +++ +++

** 2023 Altar Boy Retreat - Registration is open for this Annual Diocesan event to be held from Sunday June 30 to Wednesday July 3. Please contact Fr. Dave for more information.

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** Congratulations to our 2024 graduates: Joanna Delaney (from Penn State University), Nicholas Ditmore (Thomas Jefferson High School), Matthew Mirilovich (Seneca Valley High School)

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** Garden Blessing – The time of year has come for getting our gardens blessed. (The format of the blessing is similar to our annual home blessing.) Please contact Fr. Dave if you are interested.

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** Front 9 - Golf anyone? The St. Alexander Nevsky Annual Golf Outing will be on Monday, July 15 at Connoquenessing Country Club (Ellwood City) with Shotgun start at 9:30 am. Deadline to register is June 28. Please contact Alex Glisan (724-831-6466) with any questions.

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*** Back 9 - Golf anyone? The 48th Bob Perevuznik Sr. Memorial Golf Outing will be on Saturday, August 3 at Meadowink Golf Course (Murrysville) sponsored by the St. John the Baptist Orthodox Church, East Pittsburgh. Deadline to register is July 20. Call or text Bob Perevuznik Jr. (412) 952-6962 if interested.

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ST. JOHN THE BAPTIST ORTHODOX CHURCH

Father Dave Urban, Pastor +++ 2201 Duncan Avenue, Allison Park, Pa 15101 www.OrthodoxPittsburgh.com +++ 412-748-0148 (Talk or Text) +++ OrthodoxPittsburgh1932@gmail.com

** Christmas in July Craft Market - St. Nicholas (903 Ann Street, Homestead, PA 15120) will host a vendor and craft event on Saturday, July 20 from 10 am to 2 pm. Café Nikoli will be open along with a bake sale, 50/50, and basket raffles.

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** Is your child registered yet? The Pittsburgh Deanery Week at Camp Nazareth is July 28 to **August 3.** Registration for all campers, ages 8-18, is open. Information is available on the Camp's Website: www.campnazareth.org. The camp is located at 339 Pew Road, Mercer, PA 16137. Please see Fr. Dave with any questions.

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* Ping-Pong – A ping-pong table has been donated to the church. Would you be able to help set it up in the multi-purpose room? Please let Fr. Dave know.

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* Joining the ACRY – If you would like to become a part of our philanthropic organization of the

ACRY (American Carpatho-Russian Youth), which is open to all ages, please contact Subdeacon Ryan Ferko at 484-744-2771 or rferko85@yahoo.com.

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* Annual Parish Picnic – Our annual Parish Family Picnic at "the Cabin" in North Park is set for Sunday, September 8, 2024. We will have a pot-luck meal, outdoor games, and a relaxing fun day. Please save the date on your calendar today! If you have any questions, please see a member of the Parish Council.

> +++ +++ +++ Spiritual Vitamin:

"First the memory brings some passion-free thought into the intellect. By its lingering there, passion is aroused. When the passion is not eradicated, it persuades the intellect to assent to it. Once the assent is given, the actual sin is then committed."

+St. Maximos the Confessor

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OUR STEWARDSHIP GIFTS TO GOD Stewardship Offerings: \$ 345 Candle Stewardship: \$ 174 Envelope Stewardship: \$316

Total Collections: \$835 **Capital Improvement Fund:** \$0

Weekly Candle Intentions / Memorials were offered last week by the Nelson Family; Mary Jane Hudak Lawrence Martin: Tim Martin: Kathy Schrmack: Free and Juliana Anton; +Eleanor Sanger; Margie Sanger Rich and Renee Mirilovich; Cindy Pavilonis

The Christ Candle Cross was offered last weel by the Anton Family in memory of +Eleanor Sanger May Her Memory Be Eternal! Christ is risen!

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COFFEE SOCIAL STEWARDS

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Please sign up by the kitchen or by contacting	ng Fr. Dave
June 23 (Pentecost):	?
June 30:	?
*July 7:	?
* meatless during the fast	

meatless during the fast

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PRAYER CORNER

For the Health of... Helen, Cynthia, Barbara, Nicholas, Patrick, Thomas, Paul, Mary, Cheryl, Christopher, Robert, Joanne, Jason, Carlene, David, Donna, George, Kelly, Marie, Juliana, Fredrick, Kenneth, and Michael ...through the prayers of St. *Nectarios the Wonderworker; St. Luke, the Surgeon;* and St. Panteleimon, the Healer +++ +++ +++

For the souls of the newly departed...

+Mary Evelyn Steiner (5/25), +His Grace, Bishop Matthias (5/4), +Eleanor Sanger (5/2) ... May the Lord God grant them blessed repose where there is no pain sorrow or mourning. May they

be Eternal in God's Memory!

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ONLINE BONUSES

SUNDAY OF THE FATHERS OF THE FIRST **ECUMENICAL COUNCIL** marks two celebrations: First, that it is the Sunday after the Feast of the Ascension of our Lord, when we observe Christ ascending into the heavens; Second, in the early centuries of the Church, the Fathers of the Church saw fit to be called together by an emperor to come to a consensus and defense of the Faith from false teachings. We can agree that there are teachings that are true about Jesus and teachings that are untrue, which goes back even to the time of Christ Himself. Many false testimonies were being given even at His "trial" before the High Priest Caiaphas which, if codified, would have led a great number of people to misunderstand the Lord. But Christ gave His Church to be His witness of Truth to the world. There were many heresies the Church responded to in the course of her existence, and many continue until this day. The Church does this together and with the guidance of the Holy Spirit, Whose arrival we commemorate on the day of Pentecost next week. Though Christ has Ascended in glory, through the Holy Spirit, Christ is still among us! He is and always shall be!

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SUNDAY'S SCRIPTURE READINGS

Epistle: Acts 20:16–18, 28–36

¹⁶ For Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost.

Paul Speaks to the Ephesian Elders

¹⁷ And from Mile'tus he sent to Ephesus and called to him the elders of the church. ¹⁸ And when they came to him, he said to them:

"You yourselves know how I lived among you all the time from the first day that I set foot in Asia, ²⁸ Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. ²⁹ I know that after my departure fierce wolves will come in among you, not sparing the

flock; ³⁰ and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. ³¹Therefore be alert, remembering that for three years I did not cease night or day to admonish every one with tears. 32 And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified. ³³ I coveted no one's silver or gold or apparel. 34 You yourselves know that these hands ministered to my necessities, and to those who were with me. ³⁵ In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how he said, 'It is more blessed to give than to receive." ³⁶ And when he had spoken thus, he knelt down and prayed with them all.

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Gospel: John 17:1–13

Jesus Prays for His Disciples

17 When Jesus had spoken these words, he lifted up his eyes to heaven and said, "Father, the hour has come; glorify thy Son that the Son may glorify thee, ² since thou hast given him power over all flesh, to give eternal life to all whom thou hast given him. ³ And this is eternal life, that they know thee the only true God, and Jesus Christ whom thou hast sent. ⁴ I glorified thee on earth, having accomplished the work which thou gavest me to do; ⁵ and now, Father, glorify thou me in thy own presence with the glory which I had with thee before the world was made.

⁶ "I have manifested thy name to the men whom thou gavest me out of the world; thine they were, and thou gavest them to me, and they have kept thy word. Now they know that everything that thou hast given me is from thee; 8 for I have given them the words which thou gavest me, and they have received them and know in truth that I came from thee; and they have believed that thou didst send me. ⁹I am praying for them: I am not praying for the world but for those whom thou hast given me, for they are thine; 10 all mine are thine, and thine are mine, and I am glorified in them. 11 And now I am no more in the world, but they are in the world, and I am coming to thee. Holy Father, keep them in thy name, which thou hast given me, that they may be one, even as we are one. ¹² While I was with them, I kept them in thy name, which thou hast given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. ¹³ But now I am coming to thee; and these things I speak in the world, that they may have my joy fulfilled in themselves.

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LIVES OF THE SAINTS

THE HOLY MARTYRS LUCILLIAN, THE LADS CLAUDIUS, IPATIUS, DIONYSIUS, AND PAULA THE VIRGIN:

Commemorated on June 3

The Holy Martyrs Lucillian, the Lads Claudius, Ipatius, Dionysius, and Paula the Virgin: Lucillian was a pagan priest during the time of the Roman emperor Aurelian (270-275). In his old age he became persuaded of the falseness of the pagan religion, and with all his heart he turned to the faith in Christ the Saviour, and was baptised.

Under the influence of his preaching many a pagan was converted to Christianity. Then certain Jews, out of concern for his spreading faith in the Christ crucified by them, reported against Lucillian to the Nicomedia city-governor Sylvanus, who thereupon urged the elder to return to idol-worship. For his refusal, they smashed the jawbone of Saint Lucillian, beat him with canes and suspended him head downwards, and then they locked him away in prison. Here he met up with four lads that were confessors of Christianity – Claudius, Ipatius, Paul and Dionysius. Saint Lucillian urged them to stand firm in the faith, and to fear neither tortures nor death. After a certain while they brought them to trial and then thrown into a red-hot furnace, but suddenly rain poured down extinguishing the flames, and the martyrs remained unharmed. The governor sentenced them to death by execution, sending them off to Byzantium for carrying out the sentence. The holy lads were beheaded by the sword, and the holy Martyr Lucillian was nailed to a cross with quite many nails.

Witness to the deed of the holy martyrs was the holy Virgin Paula, who had dedicated herself to the service of those suffering for the faith in Christ. She provided food to Christian prisoners, washed their wounds, brought medications and also buried the bodies of martyrs. After the death of Saint Lucillian

and the four lads, she returned to Nicomedia and continued on with her holy service. The holy virgin was arrested and cast into a furnace, but by the power of God she remained unharmed. Then they sent her off to Byzantium, where the holy martyress was beheaded by the sword.

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COMMUNITY OUTREACH MINISTRY

Holy Transfiguration Monastery in Ellwood Cit, is our Community Outreach this month. Along with monetary donations that we will collect throughou the month, here is last year's list that they requested assistance with:

- ✓ LED Light bulbs
- ✓ AA and AAA Batteries
- ✓ Match Books
- ✓ Zip lock bags
- ✓ Bottles of Water
- ✓ Canned fuzzy water
- ✓ Tuna in water
- ✓ Toilet paper
- ✓ Facial Tissues
- ✓ Paper towels
- ✓ Napkins
- ✓ Tall white kitchen trash bags
- ✓ Black trash bags
- ✓ White plastic knives
- ✓ White plastic spoons
- ✓ 10 or 12 oz. paper cups for cold drinks
- ✓ Chlorox bathroom cleaner
- ✓ 409 type cleaner
- ✓ Chlorox bleach cleaner
- ✓ Simple green (gallon size)
- ✓ Windex
- ✓ Dawn dish soap
- ✓ Salted mixed nuts
- ✓ Raisins
- ✓ Coffee mate non dairy creamer powder (small sizes)
- ✓ HE Laundry detergent
- ✓ Fabric softener
- ✓ Canola oil
- ✓ Honey
- ✓ Cooking spray
- Fr. Dave will update this list if changes are requested

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THIS MONTH'S SERVICE SCHEDULE

SUNDAY, JUNE 2

5th Sunday of Pascha: The Samaritan Woman

9:20 am Paschal Canon

9:30 am Divine Liturgy

Church School

Family Day at Camp Nazareth

FRIDAY, JUNE 7

FEAST OF THE 3RD FINDING OF THE HEAD OF ST JOHN 9:30 am Akathist to St John the Baptist

ALL-SOUL'S SATURDAY, JUNE 8

RESCHEDULED (Zadušna Subota)

9:30 am Divine Liturgy & Panachida (5th of 5)

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SUNDAY, JUNE 9 - GRADUATE SUNDAY

9:20 am Paschal Canon

9:30 am Divine Liturgy with responses sung by the St. Nicholas Choir of Homestead

WEDNESDAY, JUNE 12

6:30 pm Feast Day Vespers

THURSDAY, JUNE 13

FEAST OF THE ASCENSION OF OUR LORD

9:30 am Divine Liturgy

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SUNDAY, JUNE 16 - FATHER'S DAY

9:15 am Third Hour

9:30 am Divine Liturgy

Youth Sunday

Panachida – Monthly Memorial (rescheduled)

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SUNDAY, JUNE 23 FEAST OF PENTECOST, THE DESCENT OF THE HOLY SPIRIT; "RUSALJA"

9:15 am Third Hour

9:30 am Divine Liturgy with Fr. Robert Prepelka Kneeling Prayers of Pentecost following Liturgy

A FAST FREE WEEK

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SUNDAY, JUNE 30

Sunday of All Saints

9:15 am Third Hour

9:30 am Divine Liturgy with Fr. Robert Prepelka

MONDAY, JULY 1

APOSTLES' (PETER AND PAUL) FAST BEGINS

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FEAST DAY FEATURES OF THE MONTH

The 3rd Discovery of the Venerable Head of John, the Holy Prophet, Fore-Runner, and Baptizer of the Lord

Commemorated on June 7 / May 25

The Third Discovery of the Venerable Head of the Holy Prophet, Fore-Runner and Baptist of the Lord John occurred in about the year 850 (the account about the First and Second Discoveries is located under 24 February). During the time of unrest at Constantinople connected with the exile of Sainted John Chrysostom (Comm. 13 November), the head of Saint John the Fore-Runner was found in the city of Emesia. It was transferred from there during the time of Saracen raids (about 820-820) to Komana and there - during a period of iconoclast persecution, it was hidden in the ground. When the veneration of icons was restored, Patriarch Ignatios (847-857) during the time of prayer at night was shown in a vision the place, where the head of Saint John the Fore-Runner was concealed. The hierarch communicated this to the emperor, who dispatched a delegation to Komana, and there the head was found a third time at the place decreed by the patriarch in about the year 850. Afterwards the head was again transferred to Constantinople, and here on 25 May it was placed in a church at the court. Part of the head is located at Athos. In memory of the Third Discovery of the Head of the Baptist of the Lord John, the celebration is on 25 May.

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Pentecost (also called **Descent of the Holy Spirit** or **Trinity Day**)

The Orthodox Church sees Pentecost as the final fulfillment of the mission of Jesus Christ and the first beginning of the messianic age of the Kingdom of God, mystically present in His Church. It is traditionally called the beginning of the One Holy Catholic and Apostolic Church.

Besides celebrating the coming of the Holy Spirit, the feast also celebrates the full revelation of the divine Trinity, Father, Son, and Holy Spirit. Hymns of the Church, celebrate the sign of the final act of God's self-disclosure to the world of His creation.

To Orthodox Christians, the feast of Pentecost is not just a celebration of an event in history. It also is a celebration of their membership in the Church. They have lived Pentecost and received "the seal of the gift of the Holy Spirit" in the sacrament of chrismation.

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ADDITIONAL BULLETIN BOARD ANNOUNCEMENTS

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Orthodox Christians for Life – This Thursday, June 20, there will be a Moleben (Prayer Service) for Victims of Abortion at 7:00 pm at St. Alexander Nevsky Orthodox Cathedral (8290 Thompson Run Road) followed by a presentation by Jessica Patterson, "Talk about BREATHE, an After-Abortion Care Program". Refreshments will be provided.

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Last Call for Palms and Pussywillows from Palm Sunday. They are located in the vestibule at this time.

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*** Third Hour – Prior to recent Liturgies, we have been chanting the Paschal Canon. After Ascension (on Thursday), we will return to chanting (or reading) the Third Hour. If you would like to be in the rotation for this or have any questions, please see Fr. Dave.

+++ +++ +++ THIRD HOUR

Please let Fr. Dave know if you are interested in reading or chanting the Third Hour at 9:15 am

June 23: ____?___ June 30: ____?___ July 7: ____?___

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** Thank You to the St. Nicholas Choir of Homestead for singing the responses to today's Divine Liturgy! May your stewardship to the church be rewarded in the Heavenly Kingdom! Many Years! Christ is risen!

CHURCH BUILDING UPDATE

Here is a brief update from the past few weeks:

- ★ ** The push-matic electrical panel has been replaced (donated by an anonymous donor)
- ▼ * Our outdoor maintenance shed is up (donated by an anonymous donor)
- ♣ upcoming projects include an outdoor sign, new doors, and drywall in the nave of the church.

Glory to God for All Things!

Through your generosity and dedication, all of this is coming together – one thing at a time!

Thank you! Many stewards keep coming to the church and working very hard to make improvements. May God grant you many years!

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VISIT OUR DIOCESE ON-LINE

Diocesan Website: www.acrod.org Camp Nazareth: www.campnazareth.org FB: www.facebook.com/acroddiocese Twitter: twitter.com/acrodnews YouTube: youtube.com/acroddiocese

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Speaking With Your Priest - Please know you can call me anytime if there is something troubling you. I is not a sign of weakness to share something that may be heavy on your heart or mind. As a priest and Father to our parish, I am here for you. Please call i you need someone to listen or to pray with you. Every heart has a cross and you do not need to carry it alone Please also call if you have an idea for the growth o our parish. I am praying for you and am grateful fo your prayers. With love in Christ, Fr. Dave

2023-24 SJB PARISH COUNCIL OFFICERS

President: Lawrence Martin
Vice-President: Subdeacon Ryan Ferko
Treasurer: Timothy Martin, Reader
Financial Secretary: Rich Mirilovich
Recording Secretary: Elizabeth Radomsky
Chief Auditor: Robert Fall
Auditors: Gina Fall, John Kirish, Mary Jane
Hudak, Kathy Schrmack (5th position open)

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STEWARDSHIP SNIPPET

TIME, TALENT, AND TREASURES PARISH STEWARDSHIP OPPORTUNITIES:

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* Grass Maintenance – The new shed is up and the donated lawnmower and weedwhacker will be here this week. Please contact Fr. Dave if you are interested in being a part of a rotation of folks who will maintain the grass throughout the summer.

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* Kitchen Crew – Please see Fr. Dave if you would be willing to be on a committee to organize and clean the kitchen and storage room and then help keep it organized, stocked, and clean.

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** Garbage and Recycling – Did you ever notice that we do not have a dumpster at the church? Being non-residential without pick up in Allison Park, all of our garbage and recycling heads to stewards' houses. If you would be willing to stick around at the end of coffee social and take a bag, please let Larry know.

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** Third Hour – Prior to upcoming Liturgies, we will be chanting the Paschal Canon. After Ascension, we will return to chanting (or reading) the Third Hour. If you would like to be in the rotation for this, please let Fr. Dave know.

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** Ride Share – We have received a couple requests from people who are interested in getting a ride to the church. Please contact Fr. Dave or Larry if you would be willing to bring someone to the church.

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** Additional Church Curators Needed – A synonym for *curator* is *steward*. Please see Larry Martin if you are interested in being a *steward of their time* and be "on-the-door". Our curator list needs expanded!

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On-Line Giving is available from our parish website to donate to the: General Stewardship Fund, Capital Improvement Fund, and/or Relocation Fund. The best option is to come to church and give your offering to God in His Temple (2nd best is to mail it in to Tim Martin, 2225 McAleer Rd., Sewickley, PA 15143). If you miss coming to church for a week, online giving allows you another option to "catch up" on your weekly stewardship. You can also set up a recurring donation online. For our parish to continue it's ministries, outreach, and general bill paying, your generosity and stewardship is needed.

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Giving at the Church – The "flow of traffic" is a little different in Allison Park, but the ways to give your stewardship treasures has not changed. One can:

- ♣ hand your offering to the curator who sits at the desk in the vestibule (to the right after you enter),
- ♣ there are multiple baskets around the church for you to drop your offering in, or
- ★ when saying your prayers and lighting 2 candles, put your donation in the box in the candle stand.

We will continue to not "pass the basket" which interrupts our focus on our prayers.

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Weekly offering to God through the Sunday Offertory - Will you take a step up?												
Weekly	,	-		- 0	Range	,		Range			Range	
Income	15%	12%	10%	9%	8%	7%	6%	5%	4%	3%	2%	19
\$200	\$30	\$24	\$20	\$18	\$16	\$14	\$12	\$10	\$8	\$6	\$4	\$2
\$300	\$45	\$36	\$30	\$27	\$24	\$21	\$18	\$15	\$12	\$9	\$6	\$3
\$400	\$60	\$48	\$40	\$36	\$32	\$28	\$24	\$20	\$16	\$12	\$8	\$
\$500	\$75	\$60	\$50	\$45	\$40	\$35	\$30	\$25	\$20	\$15	\$10	\$
\$600	\$90	\$72	\$60	\$54	\$48	\$42	\$36	\$30	\$24	\$18	\$12	\$
\$700	\$105	\$84	\$70	\$63	\$56	\$49	\$42	\$35	\$28	\$21	\$14	\$
\$800	\$120	\$96	\$80	\$72	\$64	\$56	\$48	\$40	\$32	\$24	\$16	\$
\$900	\$135	\$108	\$90	\$81	\$72	\$63	\$54	\$45	\$36	\$27	\$18	\$
\$1,000	\$150	\$120	\$100	\$90	\$80	\$70	\$60	\$50	\$40	\$30	\$20	\$1
\$1,100	\$165	\$132	\$110	\$99	\$88	\$77	\$66	\$55	\$44	\$33	\$22	\$1
\$2,000	\$300	\$240	\$200	\$180	\$160	\$140	\$120	\$100	\$80	\$60	\$40	\$2
\$3,000	\$450	\$360	\$300	\$270	\$240	\$210	\$180	\$150	\$120	\$90	\$60	\$3

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A Prayer of Stewardship

Lord Jesus Christ, You are the good steward, who redeemed Adam and Eve of their failed stewardship by offering Yourself for the life of the world. You did teach us in the feeding of the multitudes that whatever we give to God is returned to us multiplied. You did praise those good and faithful servants in the parable of the talents who returned to the Master their gifts. So

help us to learn the joy of stewardship, remembering that everything we have comes from You and belongs to You. We know, Lord, that we often live in fear of the future and insecurity. Help us to remember the lilies of the field and so to trust in Your providence. Grant to us a cheerful and generous spirit. Enkindle in the hearts of all Your people a zealous love for You. For You are the Good Steward, and to You we give thanks, praise and glory, together with Your Father and Your all holy good and life-giving Spirit now and ever and onto the ages of ages. Amen.

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Bulletin Sponsor - If you wish to sponsor a bulletin In Honor of (nameday, birthday, anniversary, etc.) or In Memory of someone, please sign up on the sheet in the vestibule or by contacting Fr. Dave (email, text, or call). An additional stewardship offering to the Church is requested. Remember, sponsoring a bulletin in memory of someone does not replace having a Panachida (Memorial Service) for them.

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SPIRITUAL CONSIDERATIONS

Father is available to meet Monday thru Friday from 8:30am to 2:30pm OR by appointment.

Online Community: Please email Fr. Dave to receive the weekly bulletin via email.

Parish Phone Tree - Please call Fr. Dave to be added **Emergency Sick Calls** - Please notify Fr Dave when you or a family member are going into the hospital o having a procedure. He will pray with you and you will receive the Mystery of Holy Anointing (Unction to be fully prepared.

Mystery of Confession – Opportunities are available after every service, most Saturdays during fasting periods from 11am to 1pm, OR by appointment.

Holy Communion/Eucharist – The reception of the Holy Eucharist is encouraged for all Orthodo: Christians who have properly prepared themselves with fasting from midnight on, regular Confession and forgiveness for all people. Those who are no prepared or not of the Orthodox Faith may receive α blessing from the chalice.

How to receive - Please remember the following helpful hints aimed at helping to preserve the solemnity and safety of the Holy Mystery. Anyon wearing lipstick should remove it before receiving. Besure to offer your baptismal name to the priest before receiving. Please take great care that the red cloth held by the acolytes (servers) is fully under your chin (you should not hold it), then use the centuries-old practice of receiving: please fully open your mouth tilt your head back, receive the Holy Gifts, wait until They are securely in your mouth and so that none of the holy and precious Body and Blood of Christ is accidentally spilled. Thank you for your cooperation and may God have mercy on us all!

Lapsed Members – You are always welcome home and we want you to come back! Generally speaking sincere and regular participation in the Sunday Divin Liturgy and in the Mysteries of Confession and Communion are all that is required to begin parish lift anew! See Fr. Dave for specific details.

Parishioners in "good standing" are those Orthodo: Christians who, as members of Saint John's Orthodo: Church, strive to live according to the teachings of the Orthodox Church; participate in the life of the parisl

through regular attendance of services, regular reception of Holy Communion and periodic Holy Confession (and receive these Mysteries no less than once a year); if married, having been married in the Orthodox Church; and share their stewardship of their time, talents, and treasures which includes financially supporting the parish.

Baptisms – Two God-parents are required, at least one of whom must be Orthodox by faith (and the other a practicing Christian). In the case of infants, the newly-baptized must have one name that is Christian in origin. Parents/grandparents/guardians must also promise to bring the child up in an Orthodox Christian way of life. Please consult Fr. Dave for more details.

Adult Chrismation – New parishioners are always welcome! In the case of adults seeking entrance into the Church, a period of prescribed catechism will be established with Fr. Dave before administration of the Mysteries. An Orthodox Christian sponsor is also required.

Marriages – are only solemnized on Saturdays or Sundays in the church. They are <u>not</u> performed during fasting periods and certain Feast Days. Please consult Fr. Dave ASAP for more details (*before* arrangements are made for the hall). It is critical that marriages are blessed in the church.

Church Funerals – are provided for practicing Orthodox Christians who are current in their spiritual responsibilities and their stewardship. Otherwise, burial is from the funeral home. The Church does not permit cremation.

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"The cremation of bodies is not a Christian act. It is a custom of modern times. The body of a Christian has been sanctified with the Grace of the Holy Spirit, and as such may not be burned. God did not create our bodies for burning." - Elder Thaddeus of Vitovnica

+++ +++++ **The Jesus Prayer**

(Inhale) O Lord, Jesus Christ, Son of God, (Exhale) have mercy on me, a sinner!

(Repeat until your heart is calm...)

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ONLINE PRAYER CORNER

Our Parish Prayer List for Special Intentions & other needs*

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A Prayer For The Sick: O Christ, You alone are prompt to defend us; quickly visit Your suffering servant name(s). Through the prayers of the Theotokos, deliver him/her/them from sickness and bitter pain. Heal him/her/them so that he/she/they may sing to You and always praise You for You alone love us. Amen.

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For the Special Intentions of ... His All Holiness Patriarch Bartholomew, Metropolitan Gregory, Fr. Stephen B., Fr. Thomas B., Protodeacon Gregory B., Michael L., Laura & family, Carlene, Georgia, Stephen, David, Anastasia, Nicholas, Cassandra, Alexander, Andrea, Jason, Tyrone, Sarah, Amee, Joshua, John, Kathryn, Rose, Charles, Justin our diocesan seminarians: Den Peter S, Nicolas W., Seamus M., Samuel L., Timothy P., Nicholas L., Alexander H., and our Parish Council and Curators: Lawrence, Subdeacon Ryan, Timothy, Rich, Elizabeth, Robert, Gina, John, Mary Jane, Katherine, Kenneth and for those who labor towards our Community Outreaches ...through the prayers of St. Nicholas the Wonderworker; St. John the Baptist; the Archangels Michael & Gabriel: and the Theotokos and Ever-Virgin Mary. +++ +++ +++

*** Nameday, Birthday, and Anniversary Prayer List is being reset — Our parish prayer list of key dates and special occasions in our lives will be reset going forward (starting 3/1/24). Please see Fr. Dave with any questions.

+++ +++ +++ **June Namedays:**

Tristan Bowser - St. Dunstan (6/1)
...May God grant them many and blessed years!
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June Birthdays:

June Sefscik (6/1), Paňi Eleni Stagon (6/5), Emily Opsitos (6/6), Gina Fall (6/8), Christina (Brancho) Chow (6/12), Makaela Kirish (6/12), Fr. Nicholas Mihaly (6/13), John Fucsko (6/15), Rebecca Zak (6/15), Julia Lanick (6/16/27), Aaron Zak (6/16),

Katherine Chow (6/20), Donna (Lanick) Staub (6/20), Paňi Melissa Chendorain (6/20), Mary Jane Hudak (6/23), Margaret Spirnak (6/24), Paňi Marianna Bannon (6/25), Ryan Dzadony (6/28), Father's niece, Aislinn Verbanick (6/28), Fr. Paul Abernathy (6/29), Colton Gavulich (6/29), John Radick (6/29), Elizabeth Radomsky (6/29), Fr Miles Zdinak (6/29) ... May God allow them to grow in peace and love all

...May God allow them to grow in peace and love all the days of their lives and may He grant them many and blessed years!

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For our Catechumens & Inquirers... Tyler ...through the prayers of St. Paul the Apostle, St. Mary Magadalene, & St. John Maximovitch.

For those preparing for Marriage...

Alexandra & Maxwell Anton, Allison & Michael, Francis & Alexandra...through the prayers of Sts.

Adrian & Natalia and all Holy Martyrs.

+++ +++ +++ **June Anniversaries:**

Adam & Jean Zak (6/2/12)

Matt and Kim Opsitos (6/4/94)

Stephen & Jennifer Brancho (6/6/09)

Kira & Michael Fischer (6/7/03)

Audrey & Florian Rajakovich (6/9/96)

Father's Parents, Dave & Andrea Urban (6/16/68)

John & Sarah Fucsko (6/18/11)

...through the prayers of St. Nicholas Planas

For Pregnant Mothers... Carly (due in June), Allison (October), Lexi (October) ...through the prayers of St. Anna, the mother of the Theotokos, and St. Irene Chrysovalantou.

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For those serving in the Armed Forces & Civil Authorities... Thomas R. Dzadovsky ...through the

prayers of St George, the Great-Martyr & Wonderworker.

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* This is to be used for the special intentions of our brothers and sisters in Christ and can be inserted as a prayer itself into our daily prayers. Please let Fr. Dave know if you wish to make additions or subtractions (in the case of answered prayers) to our Parish List. The words of the Gospel are true: it is good to pray for one another.

Let this be a place where we lay out our concerns and b the help of our brothers & sisters in Christ. *This praye list is NOT limited to only Orthodox Christians*.

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Special Intentions – Did you ever wonder for wha reasons would a person's name go under "For the Special Intentions of..." on our Prayer Page? A special intention request is very diversified! It could be when one is under extreme job stress, struggling with spiritual issues, infertility, dealing with the los of a loved one... the list goes on. As with the othe lists on our page, one does not have to be Orthodox to be added.

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Prayer requests – During the Great Entrance of the Divine Liturgy, prayers are said for the sick and those celebrating special occasions listed in the bulletin. I silent prayers are requested, they will be offered quietly at the Altar at all services. All those listed in the "Prayer Corner" are prayed for during the Proskomedia (*Preparation of the Bread and Wine fo Communion*). Prayer requests will remain for (about 40 days unless requested otherwise. Please let Fi Dave know if you wish to make additions of subtractions (in the case of answered prayers) to our prayer list.

++++++++ A Prayer for our Diocesan Clergy

O Lord Jesus Christ, Good Shepherd of Your sheep, light the fire of ardent love in the hearts of all Your priests, that they may ever and in all things seek only Your glory. Remember especially, Lord, our Bishop (name), and our spiritual father (name), and all our diocesan clergy, who are laboring in Your vineyard for the salvation of all those whom You have entrusted to them. Make their lives as holy as the word they preach. Keep them from being discouraged. Hear their prayers for our salvation. Give them wisdom and courage to proclaim Your truth. Make them priests after Your own heart. For You are a merciful God Who loves us and to You we give glory, together with Your eternal Father and Your all-holy, good and life-giving- Spirit, now and ever and forever. Amen.

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A Prayer for Peace

Almighty God and Creator, You are the Father of all people on the earth. Guide, I pray, all the nations and their leaders in the ways of justice and peace. Protect us from the evils of injustice, prejudice, exploitation, conflict and war. Help us to put away mistrust, bitterness and hatred. Teach us to cease the storing and using of implements of war. Lead us to find peace, respect and freedom. Unite us in the making and sharing of tools of peace against ignorance, poverty, disease and oppression. Grant that we may grow in harmony and friendship as brothers and sisters created in Your image, to Your honor and praise.

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A prayer for our Neighborhoods

by Archbishop Demetrics of America
I pray to you, God, for the families of my
neighborhood. Visit them. Throw their troubles out
of them and bring hope. Make the daily cares that
devour the heart disappear. Present solutions to
life's problems. Settle the disturbed relationships
among members of different families whom I know
or do not know. O Lord, remind the people of our
area that You exist, that You are a strong and loving
Protector. Keep away, Lord, anything that causes
the disappearance of peace from souls, and the
escape of sleep from our eyes. Stay a little while
more tonight in our neighborhood. Spread peace
along with the night. Let the harshness of the day
and its struggles not spread over the night. Amen.

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