"THE WEEKLY FORERUNNER" Our Parish Weekly Bulletin

O Holy John, Prophet, Forerunner, and Baptizer of the Lord, pray to God for us!

A WARM WELCOME TO OUR GUESTS!

Christ is risen! (responded with: Indeed He is risen!) Christos voskrese! (Voistinu voskrese!) We are happy that you have joined us today! It is our pleasure to have you in our presence this morning. We wish God's Blessings to all who are with us today and hope you come again soon! Please see Fr. Dave if you have any questions in regards to our worship or Orthodoxy.

UPCOMING SERVICES

There is no kneeling in prayer for 50 days (until Pentecost) and omit the prayer "O Heavenly King" as we anticipate the Holy Spirit

SUNDAY, MAY 12 - MOTHER'S DAY

2nd Sunday of Pascha: ANTIPASCHA, ST. THOMAS
Breaking of the Artos Bread

CANCELLED: SATURDAY, MAY 18

-6:30 pm Akathist to the Inexhaustible Cup

SUNDAY, MAY 19

3rd Sunday of Pascha 9:20 am Paschal Canon; 9:30 am Divine Liturgy Epistle: Acts 6:1–7; Gospel: Mark 15:43–16:8 Liturgical Color: White Monthly Memorial Panachida Youth Sunday and Church School

Blessing of Graves

*Live-Broadcast – If you are unable to attend church services, please pray along with our Cathedral online:

www.acrod.org/directories/cathedral//live/

*Calendar - Future Services are updated online at: www.orthodoxpittsburgh.com/parish-calendar (Please see Fr. Dave if you want a printed copy)

*Mystery of Confession – Father is available to hear Confessions after every service or by appointment.

PASCHAL GREETING:

(use instead of 'hello', before 'good morning', etc.)

Christ is risen!

(responded with: **Indeed He is risen!**)

BULLETIN BOARD ANNOUNCEMENTS

(Please have submissions to Fr. Dave by Wednesday)

** THANK YOU to everyone who brought something in for our Pot-Luck Paschal Meal or helped in anyway preparing for this Feast of Feasts!

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*** Clergy Convocation - Fr. Dave will be at Camp Nazareth from Monday thru Thursday, May 13-16 for our Diocesan Clergy Convocation. In case of a pastoral emergency, since cell reception is poor at the camp, either call the camp (724-662-4840), Fr. John Touloumes (412-366-8700), or Fr. John Mikita (412-366-4647). For general questions or ideas,

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please call and leave me a voicemail, text, or email.

*** Greek Food Festival at St Nicholas (419 S Dithridge St., Pittsburgh) will be from May 12 to 18. Visit www.stnickspgh.org/2024-food-festival/ for info

*** St Constantine Orthodox School – There will be one more Open House this spring on Friday, May 17 at the Saint Constantine School of Pittsburgh located on the south side of Ross Township at 934 Forest Ave., Pgh, PA 15202. This is a wonderful opportunity to come visit the campus, tour the classrooms, and interact with some of the faculty, prospective students and their families. The Head of School, Jesse Cone, will be presenting a short overview of the school's mission and philosophy at 7:00 PM. There will be time before and afterwards to ask questions and explore the campus. Doors open at 6:00 PM, so come and see what our school could mean for your family! To register, visit www.pittsburgh.saintconstantine.org/admissions

ST. JOHN THE BAPTIST ORTHODOX CHURCH

Father Dave Urban, *Pastor* +++ 2201 Duncan Avenue, Allison Park, Pa 15101 www.OrthodoxPittsburgh.com +++ 412-748-0148 (*Talk or Text*) +++ OrthodoxPittsburgh1932@gmail.com



CANCELLED: Akathist to the Icon of the "Inexhaustible Cup" This is a Prayer Service for those who struggle with addiction and for their friends & family. We will offer this service on Saturday, May 18 at 6:30 pm

on behalf of those who suffer from alcoholism and other addictions. We also encourage those who have friends or family members who struggle with addiction, as well as those who work in the field of recovery, to come and pray with us!

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** Monthly Memorial — Our May Panachida (Memorial Service) for those departed in the month will be on **Sunday**, **May 19**. This will coincide with our Panachida before having our Grave Blessings at the cemeteries. Please use the envelopes in the vestibule to give Fr. Dave any names by May 12.

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* Blessing of Graves – Our annual grave blessings at the cemeteries will be on May 19. We will celebrate a Panachida after Liturgy and then head to the cemeteries after the coffee social. *** If your loved ones are not at one of the two cemeteries on the North Side, please schedule a time with Fr. Dave to meet (if possible) before the Feast of Ascension.

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* Calling All Graduates – Please notify Fr. Dave of your graduation information by May 19. Graduate Sunday will be June 9.

High School Students: your High School, any academic and/or athletic awards, and where you will attend in the Fall with your intended major in college (or undecided at this time). Trade School, College, Graduate and Post-Graduate Students: where you went, your field of study, and degree you will earn.

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** The Resilience Bowl - The Neighborhood Resilience Project along with Troy and Theodora Polamalu Proudly Present: *The Resilience Bowl* on Tuesday, May 21 at Acrisure Stadium! This will be an exciting new football-inspired event designed to raise money and awareness for the Neighborhood

Resilience Project (*led by Fr. Paul Abernathy*). For more info, see the flyer on the bulletin board, contact Fr. Dave, visit www.theresiliencebowl.org or email trb@neighborhoodresilience.org with any questions.

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** Family Camp at Camp Nazareth – Cabins are still available for this year's Family Camp from Friday, May 31 to Sunday, June 2 (prior to Family Day). For more information, please contact Fr. Dave.

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** Family Day at Camp Nazareth will be on Sunday, June 2. Divine Liturgy will be at 10am. There will be great food, music entertainment, swimming, craft activities, games, and more! The pricing for lunch is as follows: Adults: \$10; Children 5-13: \$6; Children Under 5: Free; Family Price: \$30 (Includes 2 Parents & All Children Under Age 13)

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** The Tamburitzans – The season finale for The Tamburitzans will be on **Saturday**, **June 1** at 5:00 pm at Point Park University's Pittsburgh Playhouse (350 Forbes Ave., Pittsburgh, PA 15222). Performance tickets start at \$20. Additional reception and dinner pricing available by calling 412-224-2071.

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COFFEE SOCIAL STEWARDS

** Did you know... we have about 30 active families at SJB. If each family committed to one Sunday a year for the coffee social – that takes care of more than half the year! Please consider signing up in advance to host the coffee social (you are more than welcome to combine with someone else if you wish!)

Paschal Greeting in Church Slavonic: Christos voskrese! (Voistinu voskrese!) If greeted in a language you are unfamiliar with, translate, respond in English, then learn the response +++ +++ +++

CHURCH BUILDING UPDATE

Here is a brief update from the past few weeks:

★ *** The push-matic electrical panel has been

replaced (donated by an anonymous donor)

♥ ** Our outdoor maintenance shed is up (donated by an anonymous donor)

₩ * The iconostasis is up!

Glory to God for All Things! Through your generosity and dedication, all of this is coming together – one thing at a time! Thank you! Many stewards keep coming to the church and working very hard to make improvements. May God grant you many years!

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Cantor Classes – Fr. Marc Wisnosky will be hosting a series of 4 classes to learn the basics of the 8 Sunday Tones, 8 vespers tones, and how to properly chant the Epistle Reading. Please RSVP to Fr. Marc at saintjohnsorthodoxchurch@gmail.com. Lunch will be provided. The tentative schedule is Saturdays, June 1, 15, 22, and July 13 from 11am – 2pm at St. John the Baptist, 450 Glenwood Dr., Ambridge.

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** Pittsburgh Deanery Week at Camp Nazareth is July 28 to August 3. Registration for all campers, ages 8-18 has begun! Information is available on the Camp's Website: www.campnazareth.org.

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** Grass Maintenance – The new shed is up and the donated lawnmower and weedwhacker will be here this week. Please contact Fr. Dave if you are interested in being a part of a rotation of folks who will maintain the grass throughout the summer.

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** Kitchen Committee – Please see Fr. Dave if you would be willing to be on a committee to organize the kitchen and storage room and help keep it that way.

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* Congratulations! to Ashley and John Gaydos, III and their families on the birth of Waylon John Gaydos born on April 26 (5 lb 3 oz) 7 weeks early. Welcome to our Parish Family!

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OUR STEWARDSHIP GIFTS TO GOD

Stewardship Offerings:\$ 1556Candle Stewardship:\$ 202Envelope Stewardship:\$ 3333Community Outreach:\$ 25Total Collections:\$ 5116Capital Improvement Fund:\$ 0

Weekly Candle Intentions / Memorials were offered last week by the Nelson Family; Kathy Schrmack; Tim Martin; Mary Jane Hudak; Fred and Juliana Anton; +Eleanor Sanger; Rich and Renee Mirilovich; Cindy Pavilonis

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Vigil Lamp was offered last week Carol and Tom Lorenzi in memory of +Eleanor Sanger. May Her Memory Be Eternal! Christ is risen!

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Paschal Greeting in Italian: Cristo è risorto! (È veramente risorto!)

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SUNDAY'S SCRIPTURE READINGS

Epistle Acts 5:12–20

The Apostles Heal Many

¹² Now many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. ¹³ None of the rest dared join them, but the people held them in high honor. ¹⁴ And more than ever believers were added to the Lord, multitudes both of men and women, ¹⁵ so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. ¹⁶ The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed.

The Apostles Are Persecuted

¹⁷ But the high priest rose up and all who were with him, that is, the party of the Sad'ducees, and filled with jealousy ¹⁸ they arrested the apostles and put them in the common prison. ¹⁹ But at night an angel of the Lord opened the prison doors and brought them

out and said, ²⁰ "Go and stand in the temple and speak to the people all the words of this Life."

+++++++++ **Gospel:** John 20:19–31

Jesus Appears to the Disciples

¹⁹ On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." ²⁰ When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. ²¹ Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." ²² And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. ²³ If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Jesus and Thomas

²⁴Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. ²⁵So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe."

²⁶ Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." ²⁷ Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." ²⁸ Thomas answered him, "My Lord and my God!" ²⁹ Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet believe."

The Purpose of This Book

³⁰ Now Jesus did many other signs in the presence of the disciples, which are not written in this book; ³¹ but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.

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Paschal Greeting in Spanish: ¡Cristo ha resucitado! (¡En verdad ha resucitado!)

Paschal Greeting in Romanian: Hristos a înviat! (Adevărat a înviat!)

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VISIT OUR DIOCESE ON-LINE

Diocesan Website: www.acrod.org Camp Nazareth: www.campnazareth.org FB: www.facebook.com/acroddiocese Twitter: twitter.com/acrodnews YouTube: youtube.com/acroddiocese

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PRAYER CORNER

For the Health of ... Ryan, Cynthia, Waylon, Ashley, Nicholas, Patrick, Thomas, Paul, Mary, Christopher, Robert, Joanne, Jason, Carlene, David, Donna, George, Kelly, Marie, Juliana, Fredrick, Kenneth, and Michael ...through the prayers of St. Nectarios the Wonderworker; St. Luke, the Surgeon; and St.

Panteleimon, the Healer

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For the souls of the newly departed... +His Grace, Bishop Matthias (5/4), +Eleanor Sanger (5/2), +John Ferraz (3/24) ... May the Lord God grant them blessed repose where there is no pain sorrow or mourning. May they be Eternal in God's Memory! Christ is risen!

CHRIST IS RISEN FROM THE DEAD, TRAMPLING DOWN DEATH BY DEATH AND UPON THOSE IN THE TOMBS BESTOWING LIFE!

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THE ANGEL EXCLAIMED TO HER, "FULL OF GRACE, REJOICE O PURE VIRGIN. AGAIN I SAY REJOICE, YOUR SON IS RISEN FROM HIS THREE DAYS IN THE TOMB, AND HE HAS RAISED ALL THE DEAD. LET ALL PEOPLE REJOICE!"

O SHINE, O SHINE, O NEW JERUSALEM: FOR THE GLORY OF THE LORD IS RISEN UPON YOU. O ZION, SING WITH JOY AND REJOICE. AND YOU, PURE MOTHER OF GOD, REJOICE IN THE RESURRECTION OF YOUR SON.

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ONLINE BONUSES

The Beatitudes of Motherhood



Blessed is the mother who understands her child, for she shall inherit a kingdom of memories.

Blessed is the mother who knows how to comfort, for she shall possess a child's devotion.

Blessed is the mother who guides by the path of righteousness, for she shall be proud of her children.

Blessed is the mother who is never shocked, for she shall receive confidence and security.

Blessed is the mother who teaches respect, for she shall be respected.

Blessed is the mother who emphasizes the good and minimizes the bad, for her children shall follow her example.

Blessed is the mother who answers questions honestly,
for she shall always be trusted.

Blessed is the mother who treats her children as she would like to be treated,
for she shall always be filled with happiness.

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Paschal Greeting in Greek: Khristós anésti! (Alithós anésti!)

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Paschal Greeting in Swahili: Kristo amefufukka! (Kweli amefufukka!)

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Paschal Greeting in Arabic: El Messieh kahm! (Hakken kahm!)

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THIS MONTH'S SERVICE SCHEDULE

SUNDAY, MAY 5 #Pascha - THE FEAST OF FEASTS 9:00 am Resurrection Matins with procession ~9:40 am Paschal Divine Liturgy

MONDAY, MAY 6 #BRIGHTWEEK

FEAST OF ST. GEORGE

9:30 am Paschal Liturgy with Paschal Procession

WEDNESDAY, MAY 8 #BRIGHTWEEK

6:00 pm Akathist to the Holy Resurrection of Christ 6:30 pm Parish Council Meeting

FRIDAY, MAY 10 #BRIGHTWEEK 9:30 am Paschal Divine Liturgy

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SUNDAY, MAY 12 - MOTHER'S DAY

2nd Sunday of Pascha: ANTIPASCHA, ST. THOMAS 9:20 Paschal Canon; 9:30 am Divine Liturgy Breaking of the Artos Bread

CANCELLED: SATURDAY, MAY 18

-6:30 pm Akathist to the Inexhaustible Cup

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SUNDAY, MAY 19

3rd Sunday of Pascha; Sunday of the Myrrhbearing Women; Joseph of Arimathea, & Nicodemus 9:20 am Paschal Canon; 9:30 am Divine Liturgy Monthly Memorial Panachida Youth Sunday and Church School Blessing of Graves

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SUNDAY, MAY 26

4th Sunday of Pascha; Sunday of the Paralytic 9:20 am Paschal Canon; 9:30 am Divine Liturgy

CANCELED: TUESDAY, MAY 28
6:30 pm Feast Day Vespers

WEDNESDAY, MAY 29 FEAST OF MID-PENTECOST 9:30 am Divine Liturgy

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COMMUNITY OUTREACH MINISTRY

to be announced soon

FEAST DAY FEATURES OF THE MONTH

to be added soon

LIVES OF THE SAINTS

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THE NINE HOLY MARTYRS OF KYZIKA

Commemorated on May 12 / April 29

The Nine Holy Martyrs of Kyzika: The city of Kyzika is located in Asia Minor at the coast of the Dardenelles (Hellespont) Straits. Christianity there began to spread about already during the time of the preaching of the Apostle Paul (Comm. 29 June). But under the times of persecutions by the pagans events came to this - that some of the Christians fled the city, while others kept their faith in Christ in secret. Therefore by the time of the end of the III Century Kyzika was still basically a pagan city, although there was also a Christian church there. The situation in the city distressed true Christians, who sought to uphold the Christian faith. From there were also the Nine holy Martyrs: Theognides, Ruphos, Antipater, Theostikhos, Artemon, Magnos, Theodotos, Thaumasios and Philemon. They hailed from various places, and were of different ages: both the young like Saint Antipater, and the very old like Saint Ruphos, and they came from various positions in society: among them were soldiers, countryfolk and citypeople, and clergy. But all of them declared their faith in Christ and were all the more intense in their yearning for the spread and strengthening of the True Faith

Having shown up in the city of Kyzika, the saints boldly confessed Christ and fearlessly denounced the pagan impiety. They were arrested and brought to trial before the city governor. Over the course of several days they were tortured, locked up in prison and again led out from it, and promised their freedom for a renunciation of Christ. But the valiant martyrs of Christ continued to glorify the Name of Christ. All nine martyrs were beheaded by the sword (+ c. 284-292), and their bodies buried nearby the city.

In the year 324, – when the Eastern half of the Roman empire came under the rule of Saint Constantine the Great (306-337, Comm. 21 May), and the persecutions against Christians ended, the Kyzika Christians removed the undecayed bodies of the 9 martyrs from the ground and placed them in a church, built in their honour

Various miracles occurred from the holy relics: the sick were healed, and the mentally aberrant brought to their senses. The faith of Christ grew within the city through the intercession of the holy martyrs, and many of the pagans were converted to Christianity.

When Julian the Apostate (361-363) came to rule, the pagans of Kyzika turned to him with a complaint against the Christians for the destruction of pagan temples. Julian gave orders to rebuild the pagan temples and to lock up in prison bishop Eleusios. Bishop Eleusios was set free after the death of Julian, and the light of the Christian faith shined anew through the assist of the holy martyrs.

In Russia not far from the city of Kazan was built a monastery in honour of the Nine Martyrs of Kyzika. It was built by the monk-deacon Stefan, who brought with him from Palestine part of the relics of the saints. This monastery was built in the hope of deliverance through their intercession and prayers from various infirmities and ills, particularly the fever which raged through Kazan in the year 1687, "since, — writes Sainted Dimitrii of Rostov (+ 1709, Comm. 21 September), the compiler of the service to the 9 Martyrs, — by these saints was given abundant grace for the dispelling of feverish and trembling sicknesses". Saint Dimitrii likewise described the sufferings of the holy martyrs and compiled a sermon on the day of their memory.

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Paschal Greeting in French: Le Christ est réssuscité! (En verite il est réssuscité!)

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ADDITIONAL BULLETIN BOARD ANNOUNCEMENTS

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** Annual Church Picnic – "The Cabin" in North Park is booked for Sunday, September 8, 2024 for our end of summer picnic. Please save the date!

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Speaking With Your Priest - Please know you can call me anytime if there is something troubling you. It

is not a sign of weakness to share something that may be heavy on your heart or mind. As a priest and Father to our parish, I am here for you. Please call if you need someone to listen or to pray with you. Every heart has a cross and you do not need to carry it alone. Please also call if you have an idea for the growth of our parish. I am praying for you and am grateful for your prayers. With love in Christ, Fr. Dave

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2023-24 SJB PARISH COUNCIL OFFICERS

President: Lawrence Martin
Vice-President: Subdeacon Ryan Ferko
Treasurer: Timothy Martin, Reader
Financial Secretary: Rich Mirilovich
Recording Secretary: Elizabeth Radomsky
Chief Auditor: Robert Fall
Auditors: Gina Fall, John Kirish, Mary Jane
Hudak, Kathy Schrmack (5th position open)

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ORTHODOXY AROUND DA 'BURGH AND OUR DIOCESE

** Pittsburgh Deanery Picnic – Are you interested in attending a picnic with our sister parishes this summer? Please let Fr. Dave know your thoughts...



Paschal Greeting in Gaelic: Taw creest ereen! (Taw shay ereen guhdyne!)

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STEWARDSHIP SNIPPET

TIME, TALENT, AND TREASURES PARISH STEWARDSHIP OPPORTUNITIES:

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** Garbage and Recycling – Did you ever notice that we do not have a dumpster at the church? Being non-residential without pick up in Allison Park, all of our garbage and recycling heads to stewards' houses. If you would be willing to stick around at the end of coffee social and take a bag, please let Larry know.

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** Third Hour – Prior to upcoming Liturgies, we will be chanting the Paschal Canon. After Ascension, we will return to chanting (or reading) the Third Hour. If you would like to be in the rotation for this, please let Fr. Dave know.

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** Ride Share – We have received a couple requests from people who are interested in getting a ride to the church. Please contact Fr. Dave or Larry if you would be willing to bring someone to the church.

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** Additional Church Curators Needed – A synonym for *curator* is *steward*. Please see Larry Martin if you are interested in being a *steward of their time* and be "on-the-door". Our curator list needs expanded!

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On-Line Giving is available from our parish website to donate to the: General Stewardship Fund, Capital Improvement Fund, and/or Relocation Fund. The best option is to come to church and give your offering to God in His Temple (2nd best is to mail it in to Tim Martin, 2225 McAleer Rd., Sewickley, PA 15143). If you miss coming to church for a week, online giving allows you another option to "catch up" on your weekly stewardship. You can also set up a recurring donation online. For our parish to continue it's ministries, outreach, and general bill paying, your generosity and stewardship is needed.

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Giving at the Church – The "flow of traffic" is a little different in Allison Park, but the ways to give your stewardship treasures has not changed. One can:

- A hand your offering to the curator who sits at the desk in the vestibule (to the right after you enter),
- ★ there are multiple baskets around the church for you to drop your offering in, or
 ★ when saying your prayers and lighting 2 candles,
- put your donation in the box in the candle stand. We will continue to not "pass the basket" which interrupts our focus on our prayers.

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Weekly offering to God through the Sunday Offertory - Will you take a step up?												
Weekly	Beyond	a Tithe	Tithe	Upper	Range	Giving	Middle	Range	Giving	Lower	Range	Giving
Income	15%	12%	10%	9%	8%	7%	6%	5%	4%	3%	2%	1%
\$200	\$30	\$24	\$20	\$18	\$16	\$14	\$12	\$10	\$8	\$6	\$4	\$2
\$300	\$45	\$36	\$30	\$27	\$24	\$21	\$18	\$15	\$12	\$9	\$6	\$3
\$400	\$60	\$48	\$40	\$36	\$32	\$28	\$24	\$20	\$16	\$12	\$8	\$4
\$500	\$75	\$60	\$50	\$45	\$40	\$35	\$30	\$25	\$20	\$15	\$10	\$5
\$600	\$90	\$72	\$60	\$54	\$48	\$42	\$36	\$30	\$24	\$18	\$12	\$6
\$700	\$105	\$84	\$70	\$63	\$56	\$49	\$42	\$35	\$28	\$21	\$14	\$7
\$800	\$120	\$96	\$80	\$72	\$64	\$56	\$48	\$40	\$32	\$24	\$16	\$8
\$900	\$135	\$108	\$90	\$81	\$72	\$63	\$54	\$45	\$36	\$27	\$18	\$9
\$1,000	\$150	\$120	\$100	\$90	\$80	\$70	\$60	\$50	\$40	\$30	\$20	\$10
\$1,100	\$165	\$132	\$110	\$99	\$88	\$77	\$66	\$55	\$44	\$33	\$22	\$11
\$2,000	\$300	\$240	\$200	\$180	\$160	\$140	\$120	\$100	\$80	\$60	\$40	\$20
\$3,000	\$450	\$360	\$300	\$270	\$240	\$210	\$180	\$150	\$120	\$90	\$60	\$30

A Prayer of Stewardship

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Lord Jesus Christ, You are the good steward, who redeemed Adam and Eve of their failed stewardship by offering Yourself for the life of the world. You did teach us in the feeding of the multitudes that whatever we give to God is returned to us multiplied. You did praise those good and faithful servants in the parable of the talents who returned to the Master their gifts. So help us to learn the joy of stewardship,

remembering that everything we have comes from You and belongs to You. We know, Lord, that we often live in fear of the future and insecurity. Help us to remember the lilies of the field and so to trust in Your providence. Grant to us a cheerful and generous spirit. Enkindle in the hearts of all Your people a zealous love for You. For You are the Good Steward, and to You we give thanks, praise and glory, together with Your Father and Your all holy good and life-giving Spirit now and ever and onto the ages of ages. Amen.

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Bulletin Sponsor - If you wish to sponsor a bulletin In Honor of (nameday, birthday, anniversary, etc.) or In Memory of someone, please sign up on the sheet in the vestibule or by contacting Fr. Dave (email, text, or call). An additional stewardship offering to the Church is requested. Remember, sponsoring a bulletin in memory of someone does not replace having a Panachida (Memorial Service) for them.

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LIVING THE ORTHODOX FAITH

Paschal Greetings from Around the World

The **Paschal greeting** is a custom among Orthodox Christians, consisting of a greeting and response. Instead of "hello" or its equivalent, one is to greet another person with "Christ is Risen!". The response is "Truly, He is risen!" (or "Indeed, He is risen!"). This greeting is used during liturgical services and informally at other times, starting with the <u>feast</u> of <u>Paschal</u> and lasting until <u>Ascension</u> – the period known as the *Paschal season* or *Paschaltide*.

In practice, this greeting is typically used only with people that one already knows are Orthodox. In some cultures (for example in Russia), it was also customary to exchange a triple kiss after the greeting. Orthodox Christians often compile lists of the greeting in various languages, as it is used around the world, and these are sometimes recited in church or in other formal settings as an act of Orthodox unity across languages and cultures.

Language	Greeting	Response
Aleut:	Khristus	Alhecum
riicut.	anahgrecum!	anahgrecum!
Aleut:	Khris-tusax agla-	Agangu-lakan agla-
Alcut.	gikux!	gikux!
Albanian:	Krishti U Ngjall!	Vertet U Ngjall!
Alutuq:	Khris-tusaq ung-	Pijii-nuq ung-
mutuq.	uixtuq!	uixtuq!
Amharic:	Kristos tenestwal!	Bergit tenestwal!
Anglo-Saxon:	Crist aras!	Crist sodhlice aras!
Arabic:	El Messieh kahm!	Hakken kahm!
Armenian:	Kristos haryav ee	Orhnial eh

Language	Greeting merelotz!	Response	Language	Greeting ebiliwo!	Response
	Xristosi	harootyunuh kristosee! Gheli	Indian (Malayalam):	Christu uyirthezhunnettu!	Theerchayayum uyirthezhunnettu!
Athabascan:	banuytashtch'ey!	banuytashtch'ey!	Indonesian:	Kristus telah	Benar dia telah
Bulgarian:	Hristos voskrese!	Vo istina voskrese!	muonesian.	bangkit!	bangkit!
Byelorussian:	Khrystos uvaskros!	Saprawdy uvaskros!	Italian:	Cristo e' risorto!	Veramente e' risorto!
Chinese:	Helisituosi fuhuole!	Queshi fuhuole!	Japanese:	Harisutos Fukkatsu!	Jitsu ni Fukkatsu!
Coptic:	Pchristos aftooun! Vstal z mrtvých	Alethos aftooun! Vpravdě vstal z	Javanese:	Kristus sampun wungu!	Tuhu sampun wungu!
Czech:	Kristus!	mrtvých!	Korean:	Kristo gesso!	Buhar ha sho nay!
Danish:	Kristus er opstanden!	Ja, sandelig opstanden!	Latin:	Christus resurrexit!	Vere resurrexit!
Dutch: English:	Christus is opgestaan! Christ is risen!	Ja, hij is waarlijk opgestaan! Indeed He is risen!	Latvian:	Kristus ir augsham sales!	Teyasham ir augsham sales vinsch!
Eritrean-			Lugandan:	Kristo ajukkide!	Amajim ajukkide!
Tigre:	Christos tensiou!	Bahake tensiou!	•	Christus er	Sandelig han er
Esperanto:	Kristo levigis!	Vere levigis!	Norwegian:	oppstanden!	oppstanden!
Estonian:	Kristus on üles tõusnud!	Ta on tõesti üles tõusnud!	Polish:	Khristus zmartwyckwstal!	Zaprawde zmartwyckwstal!
Ethiopian:	Christos t'ensah em' muhtan!	Exai' ab-her eokala!	Portuguese:	Cristo ressuscitou!	Em verdade ressuscitou!
Finnish:	Kristus nousi kuolleista!	Totisesti nousi!	Romanian: Russian:	Hristos a inviat! Khristos voskrese!	Adevărat a înviat! Voistinu voskrese!
French:	Le Christ est	En verite il est	Sanskrit:	Kristo'pastitaha!	Satvam upastitaha!
riencii.	réssuscité!	réssuscité!	Serbian:	Hristos vaskrse!	Vaistunu vaskrse!
Gaelic:	Taw creest ereen!	Taw shay ereen guhdyne!	Slovak:	Christos vstal z mŕtvych!	Vpravde vstal z mŕtvych!
Georgian:	Kriste aghsdga!	Cheshmaritad aghsdga!	Spanish:	Cristo ha resucitado!	En verdad ha resucitado!
German:	Christus ist auferstanden!	Wahrlich Er ist auferstanden!	Swahili:	Kristo amefufukka!	Kweli amefufukka!
Greek:	Christos anesti!	Alithos anesti!	Swadish:	Kristus är	Han är sannerligen
Hawaiian:	Ua ala hou 'o Kristo!	Ua ala 'I 'o no 'oia!	Swedish: Syriac:	uppstånden! M'shee ho dkom!	uppstånden! Ha koo qam!
Hebrew:	Ha Masheeha houh quam!	Be emet quam!	Tlingit:	Krisdos ku <u>x</u> wudigút!	X'éiga kux wudigút!
Hungarian:	Krisztus	Valoban feltamadt!	Turkish:	Hristos diril - di!	Hakikaten diril - di!
Hungarian:	feltamadt!		Ugandan:	Kristo ajukkide!	Kweli ajukkide!
Ibo (Nigeria)	: Jesu Kristi	Ezia o' biliwo!	Ukrainian:	Khristos voskres!	Voistinu voskres!

Language

Welsh:

Yupik:

Zulu:

Greeting

Atgyfododd Crist!

Xris-tusaq Ung-

+++ +++ +++

uixtuq!

Response

Atgyfododd yn

Iluumun Ung-

uixtuq!

UKristu uvukile! Ngempela uvukile!

SPIRITUAL CONSIDERATIONS

Father is available to meet Monday thru Friday from 8:30am to 2:30pm OR by appointment.

Online Community: Please email Fr. Dave to receive the weekly bulletin via email.

Parish Phone Tree - Please call Fr. Dave to be added. **Emergency Sick Calls** - Please notify Fr Dave when you or a family member are going into the hospital or having a procedure. He will pray with you and you will receive the Mystery of Holy Anointing (Unction) to be fully prepared.

Mystery of Confession – Opportunities are available after every service, most Saturdays during fasting periods from 11am to 1pm, OR by appointment.

Holy Communion/Eucharist – The reception of the Holy Eucharist is encouraged for all Orthodox Christians who have properly prepared themselves, with fasting from midnight on, regular Confession, and forgiveness for all people. Those who are not prepared or not of the Orthodox Faith may receive a blessing from the chalice.

How to receive - Please remember the following helpful hints aimed at helping to preserve the solemnity and safety of the Holy Mystery. Anyone wearing lipstick should remove it before receiving. Be sure to offer your baptismal name to the priest before receiving. Please take great care that the red cloth held by the acolytes (servers) is fully under your chin (you should not hold it), then use the centuries-old practice of receiving: please fully open your mouth, tilt your head back, receive the Holy Gifts, wait until They are securely in your mouth and so that none of the holy and precious Body and Blood of Christ is accidentally spilled. Thank you for your cooperation, and may God have mercy on us all!

Lapsed Members – You are always welcome home and we want you to come back! Generally speaking, sincere and regular participation in the Sunday Divine Liturgy and in the Mysteries of Confession and Communion are all that is required to begin parish life anew! See Fr. Dave for specific details.

Parishioners in "good standing" are those Orthodox Christians who, as members of Saint John's Orthodox Church, strive to live according to the teachings of the Orthodox Church; participate in the life of the parish

through regular attendance of services, regular reception of Holy Communion and periodic Holy Confession (and receive these Mysteries no less than once a year); if married, having been married in the Orthodox Church; and share their stewardship of their time, talents, and treasures which includes financially supporting the parish.

Baptisms – Two God-parents are required, at least one of whom must be Orthodox by faith (and the other a practicing Christian). In the case of infants, the newly-baptized must have one name that is Christian in origin. Parents/grandparents/guardians must also promise to bring the child up in an Orthodox Christian way of life. Please consult Fr. Dave for more details.

Adult Chrismation – New parishioners are always welcome! In the case of adults seeking entrance into the Church, a period of prescribed catechism will be established with Fr. Dave before administration of the Mysteries. An Orthodox Christian sponsor is also required.

Marriages – are only solemnized on Saturdays or Sundays in the church. They are <u>not</u> performed during fasting periods and certain Feast Days. Please consult Fr. Dave ASAP for more details (*before* arrangements are made for the hall). It is critical that marriages are blessed in the church.

Church Funerals – are provided for practicing Orthodox Christians who are current in their spiritual responsibilities and their stewardship. Otherwise, burial is from the funeral home. The Church does not permit cremation.

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"The cremation of bodies is not a Christian act. It is a custom of modern times. The body of a Christian has been sanctified with the Grace of the Holy Spirit, and as such may not be burned. God did not create our bodies for burning." - Elder Thaddeus of Vitovnica

+++ +++ +++ **The Jesus Prayer**

(Inhale) O Lord, Jesus Christ, Son of God, (Exhale) have mercy on me, a sinner!

(Repeat until your heart is calm...)

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ONLINE PRAYER CORNER

Our Parish Prayer List for Special Intentions & other needs*

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A Prayer For The Sick: O Christ, You alone are prompt to defend us; quickly visit Your suffering servant name(s). Through the prayers of the Theotokos, deliver him/her/them from sickness and bitter pain. Heal him/her/them so that he/she/they may sing to You and always praise You for You alone love us. Amen.

For the Special Intentions of... His All Holiness Patriarch Bartholomew, Metropolitan Gregory, Fr. Stephen B., Fr. Thomas B., Protodeacon Gregory B., Michael L., Laura & family, Carlene, Georgia, Stephen, David, Anastasia, Nicholas, Cassandra, Alexander, Andrea, Jason, Tyrone, Sarah, Amee, Joshua, John, Kathryn, Rose, Charles, Justin our diocesan seminarians: Dcn Peter S, Nicolas W., Seamus M., Samuel L., Timothy P., Nicholas L., Alexander H., and our Parish Council and Curators: Lawrence, Subdeacon Ryan, Timothy, Rich,

Elizabeth, Robert, Gina, John, Mary Jane, Katherine, Kenneth and for those who labor towards our Community Outreaches ...through the prayers of St. Nicholas the Wonderworker; St. John the Baptist; the Archangels Michael & Gabriel; and the Theotokos and Ever-Virgin Mary.

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*** Nameday, Birthday, and Anniversary Prayer List is being reset — Our parish prayer list of key dates and special occasions in our lives will be reset going forward (starting 3/1/24). Please see Fr. Dave with any questions!

+++ +++ +++ *May Namedays:*

Robert Fall - St Robert, Abbot of Blois (5/8)
Mark Tongel - St. Mark the Evangelist (5/8)
Subdeacon Ryan Ferko – St. Thomas Sunday (5/12)
Thomas Lorenzi – St. Thomas Sunday (5/12)
Renee Mirilovich - Great-martyr Irene (5/18)
Christopher Bowser - Martyr Christopher (5/22)
Christopher Kubis - Martyr Christopher (5/22)
...May God grant them many and blessed years!

May Birthdays:

Anna Dzadony (5/3), Fr Matthew Stagon (5/4), Donald Bodnar (5/6), Fr Thomas Soroka (5/6), Ethan Gogal (5/7), Jillian Gaydos (5/14), Robert Mozes (5/16), Paňi Alexandra Urban (5/16), Natasha Kretchek (5/19), Patrick Wertz (5/19), Linda Gavulich (5/20), Kenneth Parks (5/22), Elias Mainolfi (5/24), Fr Jonathan Tobias (5/27) ... May God allow them to grow in peace and love all the days of their lives and may He grant them many and blessed years!

For our Catechumens & Inquirers... Tyler ...through the prayers of St. Paul the Apostle, St. Mary Magadalene, & St. John Maximovitch.
For those preparing for Marriage... Allison & Michael, Francis & Alexandra...through the prayers of Sts. Adrian & Natalia and all Holy Martyrs.

+++ +++ +++ *May Anniversaries:*

Father's Godparents, Dick & Andrea Babbie (5/7)
Father's Best Man, Joe & Sarah Lavra (5/7/05)
Derrick and Ashley (Wertz) Andrekovich (5/16/20)
Melissa & Christopher Ditmore (5/17/98)
Fr Dave's Ordination to the Priesthood (5/17/15)
Ernest & Claudia (Herbert) Pido (5/19/90)
Fr Dave & Paňi Alexandra (5/25)
Jim & Katherine Schrmack (5/26/79)
...through the prayers of St. Nicholas Planas
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For Pregnant Mothers... Carly (due in June), Allison (October) ...through the prayers of St. Anna, the mother of the Theotokos, and St. Irene

Chrysovalantou.

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For those serving in the Armed Forces & Civil Authorities... Thomas R. Dzadovsky ...through the prayers of St George, the Great-Martyr & Wonderworker.

* This is to be used for the special intentions of our brothers and sisters in Christ and can be inserted as a prayer itself into our daily prayers. Please let Fr. Dave know if you wish to make additions or subtractions (in the case of answered prayers) to our Parish List. The words of the Gospel are true: it is good to pray for one another. Let this be a place where we lay out our concerns and beg

the help of our brothers & sisters in Christ. *This prayer list is NOT limited to only Orthodox Christians*.

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Special Intentions – Did you ever wonder for what reasons would a person's name go under "For the Special Intentions of..." on our Prayer Page? A special intention request is very diversified! It could be when one is under extreme job stress, struggling with spiritual issues, infertility, dealing with the loss of a loved one... the list goes on. As with the other lists on our page, one does not have to be Orthodox to be added

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Prayer requests – During the Great Entrance of the Divine Liturgy, prayers are said for the sick and those celebrating special occasions listed in the bulletin. If silent prayers are requested, they will be offered quietly at the Altar at all services. All those listed in the "Prayer Corner" are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion). Prayer requests will remain for (about) 40 days unless requested otherwise. Please let Fr. Dave know if you wish to make additions or subtractions (in the case of answered prayers) to our prayer list.

+++ +++ +++ A Prayer for our Diocesan Clergy

O Lord Jesus Christ, Good Shepherd of Your sheep, light the fire of ardent love in the hearts of all Your priests, that they may ever and in all things seek only Your glory. Remember especially, Lord, our Bishop (name), and our spiritual father (name), and all our diocesan clergy, who are laboring in Your vineyard for the salvation of all those whom You have entrusted to them. Make their lives as holy as the word they preach. Keep them from being discouraged. Hear their prayers for our salvation. Give them wisdom and courage to proclaim Your truth. Make them priests after Your own heart. For You are a merciful God Who loves us and to You we give glory, together with Your eternal Father and Your all-holy, good and life-giving- Spirit, now and ever and forever. Amen.

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A Prayer for Peace

Almighty God and Creator, You are the Father of all people on the earth. Guide, I pray, all the nations and their leaders in the ways of justice and peace. Protect us from the evils of injustice, prejudice, exploitation, conflict and war. Help us to put away mistrust, bitterness and hatred. Teach us to cease the storing and using of implements of war. Lead us to find peace, respect and freedom. Unite us in the making and sharing of tools of peace against ignorance, poverty, disease and oppression. Grant that we may grow in harmony and friendship as brothers and sisters created in Your image, to Your honor and praise.

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A prayer for our Neighborhoods

by Archbishop Demetrics of America
I pray to you, God, for the families of my neighborhood. Visit them. Throw their troubles out of them and bring hope. Make the daily cares that devour the heart disappear. Present solutions to life's problems. Settle the disturbed relationships among members of different families whom I know or do not know. O Lord, remind the people of our area that You exist, that You are a strong and loving Protector. Keep away, Lord, anything that causes the disappearance of peace from souls, and the escape of sleep from our eyes. Stay a little while more tonight in our neighborhood. Spread peace along with the night. Let the harshness of the day and its struggles not spread over the night. Amen.

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